

TVARA NEWS

The TVA Retirees Association

The Tennessee Valley Authority Retirees Association | 400 West Summit Hill Drive SPT 5A | Knoxville, TN 37902 | www.tvara.org | 865-632-3318

TVARA LIFE'S A PICNIC AGAIN! Come Join the Fun



BY SUZAN BOWMAN, TVARA Valleywide President



Suzan Bowman

Join us at Lake Gunter'sville for the TVA Retiree Appreciation Picnic on Sept. 11.

We have giveaways and door prizes, and the location is one of the most scenic in the TVA service area.

company. It is now called "Optum Rx." As a retiree, you should see no changes at this time because of the merger.

You might even see a familiar face!

Also, TVA is asking for your updated email address to access enrollment through its new Human Resources computer system. The TVARA Healthcare Committee continues to work with TVA on our options for insurance.

The Chair of the TVA Board, Joe Ritch, will be our guest speaker, and our entertainer will be East Tennessee's own, *Knoxville News Sentinel* columnist Sam Venable.

Fall is the time of year that we begin to think about our healthcare choices. That's why this edition of *TVARA News* has several articles about open enrollment for healthcare and dental insurances.

The picnic is free to all TVA retirees and one guest each. It is sponsored by TVA, and TVARA helps with the implementation and logistics.

Recently our prescription-drug provider was purchased by another

TVARA also is trying to get updated email addresses to be able to get

Continued on page 14

TVA Retirement System Update: Positive Performance

BY JUSTIN VINEYARD, TVA Retirement Services

The TVA Retirement System's investment consultant, Wilshire Associates, reviewed investment performance for the period ended March 31, 2015, and said performance for the quarter was positive (up 2.1 percent) compared to the system's policy benchmark of 1.4 percent.

For the 12-month period ended March 31, 2015, the system earned 4.4 percent.

System assets, fiscal year-to-date, have earned \$300 million, with benefit payments of about \$345 million.

The system also received a TVA contribution of \$137.5 million at the end of March, which represents half of TVA's FY15 contribution.

The system's annualized returns over the past three-, five-

and 10-year periods have been 9.5 percent, 9.3 percent, and 6.3 percent, respectively.

TVARS Board Election Results

The Retirement System recently accepted nominations for a three-year term as an elected member of the TVARS Board of Directors. However, at the close of the deadline, the only nomination petition received was for Leonard J. Muzyn, who currently serves as an elected director on the board.

The TVARS Rules & Regulations state in the event only one person is nominated for the director position to be filled, the board may declare such nominee elected without the necessity of formal balloting by the membership. Therefore, in a special called meeting on July 24 the board

Continued on page 2



INSIDE THIS ISSUE:

Former Editor Sheppard Dies	2	A Two-Ship Trip Around the World	8-11
26 Times in Row Running Boston's 26.1	3	Watchers' Spirits, Eaglets Soar	12
Dental Open Enrollment Scheduled	4	Lauver's Follies Feature Fun	12
Catamaran Now OptumRx	4	Three Cases of Helping Others	13
Understanding CDHP	5	In Memoriam	14
Msarsa Man Behind John X	6	Chapter Meetings	15
Making Malware Stay Away	6	More Picnics	16
Looking at D.C.'s Dog Days	7		



TVARA VALLEYWIDE OFFICERS

Suzan Bowman
President

Charles P. Smith Jr.
Vice President

John P. Blackwell
Secretary

Elizabeth C. "Liz" McBee
Treasurer

TVARA NEWS STAFF

Theresa Habiger
Editor

Email: thabiger@charter.net

Jim Andrews

Contributing Editor

Email: patjimandrews@aol.com

FOR ADDRESS CHANGES OR TO REPORT RETIREE DEATHS:

TVA Retirement System
400 West Summit Hill Drive
Knoxville, TN 37902
Call toll-free @ 1-800-824-3870

FOR INFORMATION REGARDING:

Pension Benefits and 401(k) Accounts

Call TVA Retirement System
toll-free @ 1-800-824-3870
or visit website @
www.tva.gov/retireereportal

Medical and Drug Coverage

Call toll-free 1-888-275-8094
or 423-751-8800 in Chattanooga
or 865-632-8800 in Knoxville

TVARA Membership

Contact Richard T. Wilson
at rtwilson@tva.gov
or call him at 865-632-8542

TVARA News Information

Contact tvara@tva.gov or call
Reba Whitson at 865-632-3318
or toll-free at 1-877-335-1222

TVARA's Web address is www.tvara.org;

its Facebook address is www.facebook.com/tvaretireesassociation

The TVA Retirees Association is the official organization of all TVA retirees. It was organized to serve the varied interests of TVA and its retirees and their beneficiaries, and to help keep them informed of TVA developments affecting their interests. It has been recognized by TVA as the responsible representative of retirees in conveying retiree views.

Retirement System Update...continued from page 1

approved a resolution declaring Muzyn re-elected as a director of the TVARS Board for the three-year term beginning Nov. 1, 2015, through Oct. 31, 2018.

Muzyn's candidate-information form is available for review on the TVARS website.

Also, during the same meeting the TVARS Board selected Allen E. Stokes, who currently serves as the seventh director on the Board, to serve a new three-year term as its seventh director from Nov. 1, 2015, through Oct. 31, 2018.

Stokes retired in January 2007 after a 30-year career with TVA, having last served as Senior Manager of Special Projects in Human Resources' Information Services.

He was re-selected after informing the TVARS Board of his interest in continuing in that capacity.

In making the selection, the TVARS Board considered Stokes, along with other potential candidates, and acknowledged Stokes' experience serving as seventh director for four years, along with his qualifications, met the desired characteristics for the position.

In addition, the board considered the need for continuity in the position given certain matters currently before the TVARS Board, including the current law-

suit against TVARS and the implementation of a new 401(k) Plan investment menu.

Work Continues on 401(k) Menu

The TVARS Board continued its work with Aon Hewitt Investment Consulting Inc., the 401(k) Plan consultant, on evaluating and implementing an improved menu of investment options for the plan. The board has agreed on the following four-tier investment-menu structure:

Tier 1 — Target Date Funds

Tier 2 — Passive Asset Class that includes U.S. Bond Index, U.S. Large Cap Index, U.S. Market Extension Index (Small-Mid Cap), and Non-U.S. Equity Index

Tier 3 — Active Asset Class that includes Money Market Fund, Stable Value Fund, Core Fixed Income Fund, Inflation Hedging Fund, Large Cap Value Fund, Large Cap Growth Fund, Small-Mid Cap Value Fund, Small-Mid Cap Growth Fund, and International Equity Fund

Tier 4 — Brokerage Window

The smaller and improved investment menu with much lower investment fees is anticipated to occur by April 2016.

Participants will have ample time to review and make any decisions regarding these changes, once the revised menu is approved and communicated.

Former TVARA News Editor Sheppard Dies

BY JIM ANDREWS, TVARA News Contributing Editor

Lee Sheppard, TVARA News Editor from 1989-2001, died May 30 at his home in Knoxville. He was 84.

Sheppard worked for TVA from 1960-1988, retiring as Assistant Director of Information. A native of Clay Center, Kansas, he graduated from Kansas University in 1952 with a degree in journalism and was a reporter for several newspapers in that state in addition to serving in the U.S. Army.

Major assignments while he was with the *Topeka Capital* included the case of Brown v. Board of Education and the Clutter family murders (which were the subject of Truman Capote's "In Cold Blood"). He also specialized in financial coverage.

In a June 2006 article by then-TVARA News Editor Dot Stewart, Sheppard told



Lee Sheppard

Continued on page 5

Wiseman Completes 26th Consecutive Boston Marathon

BY RON BUSH, Staff Writer, Chattanooga Times Free Press

Last year, (TVA retiree) Bud Wiseman of Chattanooga became the first Tennessee resident to join the Boston Marathon Quarter Century Club, signifying 25 consecutive completions of the most famous 26.1 miles in the world.

On April 21 he made it 26 in a row — at age 75.

Wiseman finished 26th in his age group and 25,821st overall. His time was 5 hours, 24 minutes, 37 seconds. It was his 53rd marathon overall.

“It was a nasty day,” he says. “It was in the 40s and rained essentially the whole way. I wore gloves and a stocking cap for the temperature, and I had one of those disposable rain jackets and wore it the whole way until I got near the finish. I took it off then to make a better picture.”

He never considered quitting, even with one of his great motivations missing.

His wife, Sonia, had accompanied him to every Boston race before this one, but she recently had bypass surgery. She’s recovering nicely but was not cleared to travel that far, so her sister stayed with her.

“For the last 12 or 14 years she would be at the last turn before you head to the finish line,” he says. “She would have a sign for me, and I’d go in there and give her a kiss and then finish the race.

“I have goals, and I’m driven to meet them, but

the main thing that kept me going was seeing Sonia on that corner. This time, I just tried not to think about it.”

There are some perks to being in the Quarter Century Club that made this visit special, however. The best of those was riding the club’s chartered bus to the race site — instead of one of the hundreds of school buses used for shuttles — and getting to stay on the bus through the bad weather until time to run. There also was a dinner for club members Saturday night.

Also, by having run 25 Bostons in a row, Wiseman did not have to qualify for this one as he had each year from 1989 to 2013, by running an age-group standard in some other marathon.

As he said in the Chattanooga Track Club’s quarterly “Jogging Around” newsletter about receiving the club’s 2014 Long Runners Lifetime Special Achievement Award, Wiseman in 1990 started a pattern: “Survive the marathon, go home and run a qualifying time, come back next year.”

A retired engineer who has lived in East Brainerd since 1971, he admittedly “is a creature of habit,” so running the same event every year is not unusual. After all, he has run every day since Feb. 20, 1988 — except for a couple of weeks after cataract surgery a few years ago and again last year after surgery

for a blocked intestine. Even then he walked at least a mile or so daily.

“The Lord has blessed me with good health,” Wiseman says. “If I didn’t have that, none of this would’ve happened. Everybody needs to understand that good health is a great gift.”

He lists his most memorable race as the Rocket City Marathon in Huntsville, Ala., late in 1993, with time running out to qualify for Boston No. 5.

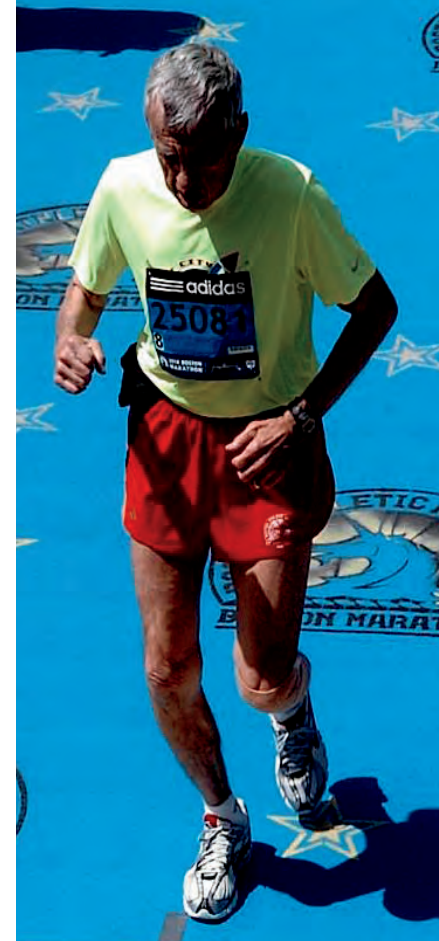
“Every projection I made after 20 (miles), I was going to be over the time by at least a minute, but I couldn’t go faster,” he recalled in the CTC newsletter. “At 25.2 I focused on a girl about one minute ahead of me, and in the last 100 yards I passed her and crossed in 3:30.52. I qualified for my fifth Boston with just seven seconds to spare.”

Lynda Webber, who presented Wiseman’s “Long Runners” award at the track club banquet, says he is “a wonderful gentleman who also is very humble about his achievements and very thankful that he has been so blessed in life.”

Wiseman says he and his wife started running together in 1978. He started running to the end of his street and back in his Converse basketball shoes.

“In a few days, I got running shoes,” he says.

And soon he was going way beyond his street.



Bud Wiseman completes his 25th consecutive Boston Marathon in 2014.

Eventually he joined the group that runs on Saturdays in the Chickamauga Battlefield. And the battlefield is where — on Nov. 11, 1989, the 11th anniversary of his first day of running — he earned his first Boston Marathon entry at the age of 50. His qualifying time was 3:25:19.

“I regularly see Bud running in the battlefield and am tremendously inspired,” fellow runner Betty Holder says. “I’m in my 50s and realize that Bud was just getting started in his 50s. I always say I want to be like Bud when I grow up. He’s a running inspiration in more ways than one.”

(Reprinted from the Chattanooga Times Free Press and edited for TVARA News style consistency. Bud Wiseman, who worked as an engineer, manager, and supervisor on TVA Nuclear’s Corporate Safety Staff, retired in 2001.)

Retiree Dental Plan Open Enrollment Nov. 2-Dec. 16

BY JENNIFER BECKETT, Senior Program Manager, TVA Healthcare Plans



An open-enrollment period for the retiree dental plan through Delta Dental of Tennessee will be held from Nov. 2 through Dec. 15.

TVA retirees (or spouses of deceased retirees) are eligible to enroll if they receive monthly retirement benefits from the TVA Retirement System, the Civil Service Retirement System, or the Federal Employees Retirement System.


Retirees or their family members who were enrolled in this plan previously and have since canceled their coverage cannot re-enroll in the plan. Enrollment packages will be available on Nov. 2 at www.tva.com/retireeportal (see Health Care Benefits). Packages also will be available beginning Nov. 2 by emailing TVA Employee Benefits at

TVAEmployeeBenefits@tva.gov or by calling 865-632-8800, 423-751-8800, or toll-free at 1-888-275-8094.

IMPORTANT! There will be a six-month waiting period for retirees who did not enroll in the plan when first eligible but are enrolling during this open-enrollment period. The waiting period will apply to all “major services.”

“Major services” are all eligible expenses payable at 50 percent under this plan, including (but not limited to) root canals, crowns, bridges, periodontal services, and endosteal implants. The six-month waiting period means no benefits are payable under the plan until coverage in the plan has been in effect for six months.

The monthly premiums for 2016 will be \$33.42 for individual and \$78.87 for family coverage. Premium payment options will be explained in the enrollment package.



AGAIN, THIS WAITING PERIOD APPLIES ONLY TO RETIREES WHO DID NOT ENROLL WHEN FIRST ELIGIBLE AND WHO ENROLL NOW DURING THIS OPEN-ENROLLMENT PERIOD. IT DOES NOT APPLY TO RETIREES WHO ENROLL WITHIN 30 DAYS OF BECOMING ELIGIBLE FOR THIS PLAN.

Enrollment forms must be returned to Delta Dental of Tennessee, 240 Venture Circle, Nashville, TN 37228-1699, Attn: Jared Searcy. Do not return enrollment forms to TVA.

Questions about premium payment, effective date of coverage, benefits, confirmation of enrollment, claims, and all other customer-service matters must be directed to Delta Dental at 1-800-223-3104.



Catamaran Now OptumRx

The merger of OptumRx and Catamaran Corp. was completed July 23, finalizing an acquisition announced earlier this year.

Catamaran was the prescription-drug provider for TVA employees, retirees, and their family members). The combined companies will operate as OptumRx.

There is no change for TVA members at this time. Members can continue to place new and refill mail-order prescriptions in the same way they do today. Prescription-drug benefits, co-payments, and co-insurance will remain the same, and members will continue to receive medications as usual.

OptumRx is expected to serve more than 65 million people and fill more than 1 billion prescriptions in 2015. TVA will continue to monitor any changes related to the merger and keep employees informed.

For questions about your pharmacy benefits, visit www.mycatamaranrx.com or call the number on your pharmacy-benefit identification card.

TVA Needs Your Email Address To Prepare Self-Service Module

In the future, TVA retirees will be able to access the retiree section of the online PLUS portal. Once it is available, retirees will be able to set up a user profile and view their retiree medical-benefits summary, change benefit elections, and update personal information (address, email address, and phone number) online.

In preparation, TVA Employee Benefits is collecting information now. If you are a TVA retiree and are interested in accessing the PLUS portal once available, send an email to TVA Employee Benefits at TVAEmployeeBenefits@tva.gov.

In order for TVA to identify you properly, please include the following information in the body of your email:

- Your Full Name
- Email Address (must be a non-TVA email address)
- Employee ID (if not known, please provide the last four digits of your Social Security number)

Once the PLUS portal is available, you will receive additional information and instructions on how to proceed.

— JENNIFER BECKETT

Understanding TVA's CDHP – The Value of a High-Deductible Health Plan

BY JENNIFER BECKETT, Senior Program Manager, TVA Healthcare Plans

TVA's Consumer-Directed Health Plan, or CDHP, is a high-deductible health plan in which you assume more control of your healthcare spending and more financial responsibility in exchange for lower premiums. In the last four years, the CDHP premium for retirees has been 40 to 50 percent lower than that of the 80 Percent PPO plan.

In addition to lower premiums, participants in the CDHP, if eligible, can participate in a health savings account. An HSA is a tax-exempt account you own for the purpose of paying qualified medical expenses for yourself, your spouse, and your dependents.

TVA currently contributes \$600 for Individual coverage and \$1,200 for Family coverage annually for retirees participating in an HSA. You can also make tax-deductible contributions to your HSA up to the maximum annual contribution limit set by the Internal Revenue Service. Contributions can be carried over year after year with

no limit to the amount that is carried forward.

How the CDHP works: You pay 100 percent of the cost of any covered, in-network medical and prescription-drug expenses, excluding preventive-care benefits, until the deductible is met. In 2015, the deductible is \$1,300 for Individual coverage and \$2,600 for Family coverage. Note that if you have Family coverage, the plan will not pay any amount, excluding preventive-care benefits, for any individual until the entire Family deductible is met.

After the deductible is met, you pay 20 percent of the cost of any covered, in-network medical and prescription-drug expenses (with set minimums and maximums) until the out-of-pocket maximum is reached. In 2015, the out-of-pocket maximum is \$4,500 for Individual coverage and \$9,000 for Family coverage.

Note that if you have Family coverage,

an individual within the covered family can reach his or her individual out-of-pocket maximum (\$4,500 for 2015) and begin receiving 100-percent coverage before other members of the family. The maximum out-of-pocket expenses all covered members would have to pay is \$9,000 for 2015.

Co-payments for covered, in-network vision services and materials will be applied to your out-of-pocket maximum but not to your deductible.

After the out-of-pocket maximum is met, the plan pays 100 percent of the cost of your covered, in-network medical, prescription-drug and vision-care expenses.

For more detailed information about the CDHP, refer to your annual-plan-election materials. Additional information can also be found in the Health Care Benefits section on tva.gov/retireeportal.

Are You Moving to Medicare Soon?

If you are currently enrolled in the Consumer-Directed Health Plan and will be moving to TVA's Medicare Supplement plan upon turning 65, be aware that your spouse (or child, if no covered spouse) remaining on the CDHP must open a health savings account of his or her own in order to receive any future TVA contributions.

Your spouse can open an account online through HSA Bank at <https://secure.hsabank.com/tvaenroll>.

If you have questions, contact TVA Employee Benefits toll-free at 1-888-275-8094 or TVAEmployeeBenefits@tva.gov.



Sheppard...continued from page 2

about being hired by Information Director Paul Evans specifically to deal with the Wall Street financial press on TVA's new power-bond financing program.

"The pay wasn't enough to lure anyone from Wall Street, but it was attractive enough for a reporter from Topeka," Sheppard told Stewart. "Next to marrying my wife, Nancy, taking that job was the smartest thing I ever did."

"At TVA there was the chance to work with top-flight people in many fields."

A framed copy of that article was among the photos and other memorabilia displayed at Sheppard's memorial service in Knoxville June 3.

He was preceded in death by his wife, who was a stroke victim at age 51 in 1982 and passed away in 2007.

Survivors include three daughters, six grandchildren, and four great-grandchildren.

Memories of a Mentor ...

I worked with Lee Sheppard from 1980-1988 in TVA's Information Office and have many memories of his wisdom and his wit.

A standing joke involved Chris Eckl of TVA's Washington Office. "I keep offering him one of the vowels from my name – I have an extra one, and he needs another one," Lee would say.

As for Lee's wisdom, former TVA Chairman Craven Crowell, who joined TVA as Director of Information in 1980, called him "... a great writer who wrote beautiful prose and had an amazing command of TVA facts and TVA history."

That was in a sidebar I wrote to accompany the feature on Lee by *TVARA* News Editor Dot Stewart in June 2006.

Crowell said Sheppard "was like a walking encyclopedia of TVA and TVA

operations" and that "(I and) anyone on our staff who was working on a public-relations issue or on an article for publication would always use Lee as a background source. And he was always glad to help."

My favorite memory of Lee was the afternoon he and I spent more than an hour together trapped in an elevator in Knoxville's East Tower. It was a little past 5 p.m., as I recall, but we were able to summon help on the elevator's emergency phone.

As luck would have it, I had copies of the latest page proofs of the upcoming issue of *Inside TVA* with me. So, with an occasional interruption to jiggle this switch or that at our rescuers' request, Lee and I calmly sat down in the floor and proofread the employee newspaper.

— JIM ANDREWS

Moving from Martial Arts to Art of Action Fiction

BY RENY McCLAIN-LEE



Who worked at TVA from 1963 to 1993 after working (1) a year at the Louisiana Department of Highways, (2) a year at Eisenhower's Point 4 Program in Jordan as Chief Engineer on construction of a major highway from Amman to the Dead Sea, and (3) five years with a consulting engineering firm serving on a design team for Interstate Highway 40 from Knoxville to Nashville?

Maurice Msarsa can make claim to this and much more.

Since leaving TVA, he has continued his 60-year love of martial arts and is cross-trained in different styles. He is recognized as a Grandmaster and has received multiple inductions in martial arts halls of fame.

If you are interested in reading action fiction novels, he can offer you a choice of six published novels (a seventh is in progress).

He uses the pen name "Morris George."

Four of his novels are about the heroics of U.S. Agent Jon X (JonTen), fighting terrorists. Jon is the American counterpart to 007.

Msarsa began writing novels about six years ago and to date has published "Love, Honor, and Glory"; "I Was There When It Happened"; "Now And Forever"; "Hither Side of Hell"; "Sheitan's Tango"; and "Standing Alone."

The books can be reviewed on the website www.morrisgeorge.com/IWasThere.htm.

Here's a synopsis of his last novel: "Standing Alone" finds Special Undercover Agent Jon X in Germany, where he encounters the possible reincarnation of Hitler. He encounters the efforts to revive the VRIL Society — the very same organization that helped put Hitler in power. He



Writer Maurice Msarsa's other big interest

faces off with the Iranian Navy and an insidious terror organization. He helps thwart an attempted coup right here in our beloved USA. Along with other adventures, he still finds time for love and romance. Jon X lives by the American Creed. He pledges his allegiance, loyalty, and love to the Red, White, and Blue.

Msarsa lives in Knoxville with his wife, Johnnie. Their son, Steve, along with wife, Lisa, and daughter, Lana, live in Raleigh, N.C. Steve Msarsa designed the book covers. He has his own graphic-design business and teaches graphic design in high school, as well.

How Does My Computer Get Infected with Malware?

BY ALLISON HICKMAN

TVA Enterprise Information Security & Policy

Any computer can get infected, but a personal computer is more at risk than a computer that is part of a large business network with established policies and numerous security controls.

The following list describes the most common ways a personal computer can be exposed and infected with malicious software, or malware.

Accepting without reading — This occurs when an individual "accepts" a prompt on the screen without reading or understanding what it means. For example, while browsing the Internet, an advertisement or pop-up window may appear that offers you a product or service; you accept the prompt without understanding or reading the information.

Pirating free music or movies — Sites that advertise free movies, copyrighted music, and other similar products should be avoided. These products often contain malware that will infect your computer once you download the file(s).

Downloading infected software — Downloading software from the Internet can be risky business. When downloading programs, utilities, games, and other applications, make sure you are using a reliable source and that you read and understand all prompts that are associated with the software.

Not using antivirus protection — You should always invest in some form of antivirus program and keep it updated at all times. This ensures that current infections are promptly addressed and that future infections are prevented.

Opening links and attachments in email — If you are not expecting an email and are not familiar with the source, it is best to delete the email without opening it. If the email appears to be from someone you do know, exercise caution with links and attachments. Remember, email addresses can be spoofed and even if the message is authentic, your friend or family member may unknowingly be forwarding an infected file.



Not running updates — Many updates, especially those associated with Microsoft Windows and other common operating systems, are updates that are designed to address a security vulnerability. Using a computer that has not been updated can be a security risk and can expose it to infections.

Using infected USB devices — These devices may contain malicious software that can log keystrokes, spy on communications, and destroy data. If a tainted device is inserted into a computer, the infection may not be immediately detected because the malware cannot be detected by anti-virus programs.

Work Back Home for Some in Washington, on Campaign Road for Certain Others

BY JUSTIN MAIERHOFER, TVA Vice President for Government Relations



As the dog days of summer descended upon the nation's capital, members of Congress took their annual August break to attend to district and state work back home.

Although the month-long recess renders Washington a political ghost town each year, it always ignites a lot of activity in the Tennessee Valley, as members hold town halls in their communities to hear from voters.

This August also brought the first major presidential debate of the 2016 election cycle, nearly 15 months before the general election, when the top 10 Republicans in national polls met in Cleveland, Ohio. If you had any doubts, it was safe to say the race for the White House was officially off and running.

Entering August, more than 20 candidates already had announced for the 2016 race, with several more likely to come.

The Republican field is large and diverse, including Florida Gov. Jeb Bush, Wisconsin Gov. Scott Walker, Florida Sen. Marco Rubio, Kentucky Sen. Rand Paul, Texas Sen. Ted Cruz, celebrity businessman Donald Trump, and former technology CEO Carly Fiorina.

Closer to home, a special election was held earlier this year in Mississippi to replace U.S. Rep. Alan Nunnelee, who passed away in February. Republican Trent Kelly, a district attorney, easily overcame his Democratic opponent with 70 percent of the vote. He will serve the remaining congressional term for North Mississippi's First District.

In exciting economic-development news, Google chose TVA's soon-to-be retired Widows Creek Fossil Plant site in North Alabama to build its newest data center — the 14th across the globe.

Joining TVA President/CEO Bill Johnson and TVA Chair Joe Ritch in the announcement were Alabama Gov. Robert Bentley, local and state officials, and executives from Google. Google will invest \$600 million in this project and will bring quality jobs to northern Alabama and the TVA region.

As the month began, President Obama and the U.S. Senate also were close to filling current and future

vacancies on the TVA Board. On July 29, the Senate Environment & Public Works Committee approved the nomination of Eric M. Satz to the TVA Board of Directors. As previously reported, Satz is a venture capitalist from Nashville and has been nominated for the seat previously held by Oak Ridge Attorney Neil McBride. His nomination now would be forwarded to the full Senate.

In addition to the Satz nomination, President Obama renominated Richard C. Howorth to the TVA Board of Directors on July 23. Howorth, from Oxford, Miss., has been serving on the TVA Board since 2011. Before then, he served as the Mayor of Oxford from 2001 to 2009 and is currently the owner of Square Books, an independent bookstore in Oxford that he founded in 1979.

In Congress, both the U.S. House and Senate energy committees have drafted comprehensive legislation to address infrastructure, reliability and security, energy supply, energy efficiency, and workforce issues.

The House has also considered a bevy of legislation to review or overturn proposed regulations on the electric-utility industry from the U.S. Environmental Protection Agency, including rules affecting coal ash and the scope of waters protected under the Clean Water Act.

Finally, speaking of regulations, EPA released its final rules to regulate greenhouse-gas emissions for new and existing power plants. These regulations seek to reduce carbon emissions in the power sector and are complex and lengthy. It will take some time to fully assess the requirements and impacts to TVA and the region, but I hope to have an update in the next Government Relations report.

As you can see, there continues to be quite a bit of activity in the political and policy space, both in Washington and the Valley.

It is a privilege to be able to keep you up to date on the issues important to TVA, and I look forward to providing you additional updates later this year.



Around the World in 110 Delightful Days

BY SHARON WRIGHT COTTRELL

On Jan. 20, my husband, Brad, and I embarked on a 110-day journey, traveling about 45,000 miles around the world.

We chose a world

cruise split between two ships, the Queen Elizabeth and the Queen Mary 2. These ships belong to the historic Cunard line, which has sailed the world for 175 years and is celebrating its 175th year with various events in several port cities around the world this year.

The Queen Mary 2 is the world's only real ocean liner, meaning it was built to much higher standards than a regular cruise ship and is able to withstand much rougher seas and weather conditions.

By choosing one world cruise on two ships, we were able to optimize the time spent in Australia, New Zealand, and Africa, three countries that were of special interest to us. We visited 28 ports during the trip and had a choice of many excursions in each.



The Queen Elizabeth in Curacao

We were always happy to go ashore because the excursions were excellent.

Sea days were educational, because we had many famous people on board to present lectures on various subjects.

Some examples: F.W. de Klerk, a former President of



Entering the Panama Canal

South Africa and co-recipient of the Nobel Peace Prize with Nelson Mandela, gave an excellent presentation on his experiences in South Africa; the Honorable Lord Michael Howard, a former British Home Secretary and Leader of the Conservative Party in the United Kingdom, gave five lectures on his career; Ruth Shackleton, former Team Manager and Squadron Leader of the British Royal Air Force Red Arrows Aerobatic Display Team, gave a presentation on the famous team; Ian Smith, Flight Engineer on the British Airways Concorde, spoke about his 20-year career.

In the evenings, passengers enjoyed celebrity entertainment in the Royal Court Theater and more than 30 formal balls with the Cunard Queen's Room orchestra.

On both ships, passengers were predominately Australians and British. Very few Americans were onboard. Of all the passengers on both ships, fewer than 100 did the complete world voyage as we did. The rest of the passengers chose only segments of the cruise.

We began our voyage on the Queen Elizabeth in Ft. Lauderdale on Jan. 22, sailing south through the Caribbean to Curacao, a colorful Dutch island off the coast of South America near Venezuela.

Traveling through the Panama Canal was the next highlight of the trip.

The Panama Canal lock chambers

are 110-feet wide and 1,050-feet long (and our ship was 106-feet wide and 965-feet long).

The total length of the lock structures including the approach walls is more than 1.9 miles.

This was an all-day event (13 hours) that involved moving from the Atlantic to the Pacific through three sets of locks and six steps.

On the Atlantic side, the Gatun locks with three steps lift 85 feet.

On the Pacific side, the Pedro Miguel locks with one step lift 34 feet, and the Miraflores locks with two steps that lift 43 to 64 feet. We had ports in Puntarenas, Costa Rica, and Cabo San Lucas, Mexico, before re-entering the United States at Los Angeles and San Francisco.

From San Francisco, we sailed to Honolulu on Oahu and LaHaina on Maui.

A highlight was seeing the fantastic Haleakala Crater National Park, located at 10,023 feet.

As we sailed into the South Pacific, there came the crossing-the-line ceremony for passengers crossing the equator for the first time, transforming Pollywogs into Shellbacks.

No trip across the South Pacific would be complete without visiting the happy, friendly, and welcoming people in the ports of Pago Pago, American Samoa; Apia, Samoa



Above, Brad and Sharon Wright Cottrell (Western Samoa); and the Kingdom of Tonga.

We lost a day crossing the International Dateline, but it later was

Continued on next page



YOU'RE INVITED!

2015 TVA Retiree Appreciation Picnic

Hosted by TVA

Friday, September 11, 2015

Civitan Park, 1150 Sunset Drive, Guntersville, Alabama 35976

Doors open at 10 a.m.; lunch begins at 11 a.m. CDT

Free to retirees and one guest each; additional guests are \$9 each

For reservations:

Email sjbryson@tva.gov or phone toll-free 1-877-335-1222

Please provide your name, spouse/guest name, phone number and address so we can reach you if we have questions.

NOTE: You must phone or email for reservations; invitations will not be sent by mail.

Reservation Deadline: September 7, 2015

For more information, visit www.tvara.org

Guest Speaker: Joe H. Ritch, TVA Director & Chair

Entertainer: Sam Venable, Humorist & Columnist with Knoxville News Sentinel



Court Dismisses TVARS Lawsuit

On Wednesday, the federal district court in Nashville dismissed the lawsuit initiated in 2010 challenging certain changes to the TVA Retirement System Rules adopted by the TVARS board in 2009.

The plaintiffs have 60 days in which to appeal the court's decision to the Sixth Circuit Court of Appeals in Cincinnati.

TVA takes its obligations to employees, both active and retired, very seriously and remains committed to working with the TVARS board on the long-term health of the TVA Retirement System.

regained an hour at a time as we moved around the globe.

Our next destination was New Zealand, which has beautiful sea-coasts, fiords, and scenic beauty everywhere.

One of our highlights in New Zealand was meeting up with friends we had met on a previous trip to Europe in 2011 and an opportunity to visit in their home.

Our destination on the Queen Elizabeth was Sydney.

After enjoying the highlights of the Sydney Harbor Bridge and Opera House and experiencing a trip to Bondi Beach with some Australian friends we had met on the trip to Europe in 2011, we rented a car and drove for the first time on the left side of the road.

The destination for our five-day road trip was the Great Ocean Road, a 150-mile-long stretch of coastal highway along the southern coast of Australia.

Along this road is the best coastal scenery anywhere, including the famous sea-stack formations called the "Twelve Apostles."



Australia's "Twelve Apostles"

This road trip allowed us to see a lot of the Australian countryside, and staying in several bed-and-breakfast inns gave us close-up insight into the Australian culture.

After nine days ashore in Australia, we boarded the Queen Mary 2 and set off around the southern coast of Australia to Melbourne, Adelaide, Fremantle, and Perth.

It was then that we sailed for 10 days across the Indian Ocean, stopping at



The landmark Sydney Opera House

Port Louis on the island of Mauritius along the way.

We were happy to finally arrive on the much-anticipated continent of Africa, where we visited four ports — Durban, Port Elizabeth, and Cape Town in South Africa, and Walvis Bay in Namibia.

A highlight of the trip was our visit to the Shamwari Game Reserve near Port Elizabeth.

While driving over the 97-square-mile property, we observed and photographed many of the iconic African-animal species in their natural habitat.

At Cape Town, we were overwhelmed by the dominating presence of Table



Sharon Cottrell in Sydney's Royal Botanic Gardens



Clockwise, from above, Shamwari elephants; a Shamwari Game Reserve vehicle; Table Mountain, Signal Hill, and Lion's Head in Capetown; and the Queen Mary 2 in Sydney Harbor

Mountain over city and harbor in the early-morning light.

In Namibia, the oldest desert in the world and the famous sand dunes were a great treat.

The last leg of our trip took us through the Canary Islands, Spain, and Madeira, Portugal.

Both of these locations are popular tourist destinations for Europeans. We especially enjoyed Madeira, with its steep-terraced mountainsides used for agriculture, vineyards, residences, and hotels. The second-highest coastal cliff in the world is on the island of Madeira.

One of the most exciting events of our trip occurred as our ship arrived back in its home port of Southampton, England.

All of Cunard's three ships, the Queen Elizabeth, the Queen Victoria, and the flagship Queen Mary 2, arrived home on the same morning for a Royal Rendezvous in Southampton, each having completed its own world voyage.

That evening, all three ships departed Southampton, sailing together as they left the harbor en route to their separate destinations. It was quite a sight to see!

The last big event occurred on the transatlantic crossing from Southampton to New York.

One of the passengers was very ill and was airlifted from the



Queen Mary 2 by a U.S. Coast Guard Jayhawk helicopter to a hospital in Massachusetts. This occurred as we sailed about 150 miles off the coast of Cape Cod. The event was reported on television evening news with video of the whole operation.

You never know what might happen on a world cruise.

(Sharon Wright Cottrell retired from TVA in 2003 as a Data Analyst in IS Enterprise System Solutions in Information Technology after 29 years of service.)



Parents Bringing Up 'Babies' at Blackwells' Nest

BY JOHN BLACKWELL

For several years now we have had a bald eagle's nest at our lake house on Wilson Lake.



However, until this year we had not had a successful hatching.

The eagle experts tell us there were several reasons — the eaglets were killed by owls, the eagles laid eggs successfully in another nearby nest, or the eggs were not fertile.

When we first saw the nest, there were three eagles attending it, a male, a younger female, and an older female.

The experts were of the opinion that the older female had laid the eggs, and they were not satisfactory for hatching. During the past months, we had not seen the older female and had received reports an adult female had been found dead on Wilson Lake. That could mean the younger female laid the eggs this year.

Well, we did have a successful hatching with two eaglets. The parents worked hard from the start to keep

them in food. The eaglets would let the world know were hungry by screaming. And they grew quickly on an all-fish diet.

The adults seemed to show the wear by loss of weight. The eaglets had to be trained by the adults in several areas.

First they were taught to go to the bathroom at the edge of the nest and not in the nest. I do not know how the parents did this!

Secondly, they were taught to fly. We would see an adult in a nearby tree with a fish, trying to coach the eaglets to fly over. For several days the adults could only stand so much screaming and would give in and take the fish to the eaglets.

Then we began see the eagles on limbs just outside the nest or on nearby limbs.

Finally, one day we saw the eaglets flying around the nest.

However, it soon became obvious to us that the eaglets could fly but did not know how to land. At this point, they had grown to about 24 to 30 inches tall, with a four-foot wingspan.

They did some rough landing before this skill was improved.

The next task of the adults was to teach the eaglets how to fish. The adults would fly away toward the lake, trying to coach the eaglet to follow them and learn how to catch fish or turtles. By the way, we found a number of turtle shells on the ground below the nest. None of these were snapping turtles.

The eaglets were screaming a lot, begging the adults to bring them food.

Finally we began to see the eaglets flying out over the lake with the adults, and there was a big reduction in the screaming.

We are now seeing the eaglets very seldom and therefore have assumed they are on their own. They will leave and find a mate and build a new nest. The experts tell me there are four nests within five miles of our lake house.

Stay tuned for more about the eagles next year.



Lyrical Lauver Leads Follies Fun Again

Retiree David Lauver was Chief Writer for the 37th annual Front Page Follies in Knoxville in July, delivering song parodies and skits that poke fun at East Tennessee news events and newsmakers.

Lauver leads a team of journalists in writing each year's show to roast newsmakers and raise scholarships funds for journalism students and professionals.

Lauver, who retired from TVA Communications in 1992, is a professional songwriter and corporate speechwriter and a member of the East Tennessee Writers Hall of Fame. His appearances as a singer/songwriter included performing at the Smoky Mountains Songwriters Festival in August in Gatlinburg.

His wife, Susan, is in Communications with TVA.

The East Tennessee Writers Hall of Fame is sponsored by the Friends of Literacy, a Knoxville-based organization that supports free, high-quality literacy and adult-education programs to help those in need become better workers and have more job opportunities. It offers free literacy and high-school-equivalency-diploma classes at locations throughout Knox County.

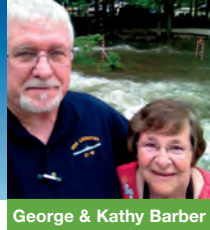
The private, not-for-profit group is a United Way partner and welcomes volunteer tutors, classroom aides, office workers, and special-event planners. More information is available at friendsofliteracy.org.



David Lauver

Taking — and Giving — TIME TO HELP OTHERS

BY GEORGE BARBER,
TVARA Valleywide
Volunteer Coordinator



George & Kathy Barber

I was sitting with my wife, Kathy, looking at her wheelchair ramp that was built shortly before she came home from the hospital following her stroke.

And I thought of the kindness of the men and women who helped to build the ramp and how helpful it has been for us. We couldn't get by without it.

My mind then drifted to the work that some of you in our TVA retirees organization are doing.

You've built numerous wheelchair ramps/access ways and even built a baseball park through your selfless volunteerism.

This is what we are all about. We are here to care for one another, our teammates, and others in our communities who

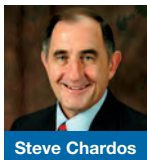
cannot help themselves for whatever reason.

Our benefactor, Bicentennial Volunteers Inc., has been very gracious in providing funds to construct our projects, and it wants to do more.

You and I can help them by searching our communities and keeping the lines of communication open through our local TVARA chapters.

Please think about this as you go through your day. You never know when or if you will need these services. Certainly my wife and I never thought we would.

Give of your time and experience to your local chapter and help your neighbors. You'll never forget it.



Steve Chardos

Helping Hospice Fill a Need

BY DR. STEVE CHARDOS

I have been a volunteer with Hospice of Chattanooga for more than 10 years now. That was after I became aware that there was a shortage of men willing to visit with other men who were facing the end of their life.

There is a range of volunteer opportunities from direct patient contact to administrative assistance in their offices. I have only been involved with the direct patient contact, which involves two primary types of visits.

One type of patient contact is a companion visit.

These visits involve meeting with the patients either at their home or in a medical facility. I have fed ice cream to a fellow who was paralyzed, helped with a small chore around the

home, and listened to stories about military service in WWII.

The second type of visit is a respite visit.

These visits involve giving the primary caregiver (usually the patient's wife) a chance to get away from the house.

My first patient was in a hospital bed in the living room of his home. His wife had requested a volunteer to sit with him while she went shopping or ran errands.

On my first visit, she said, "Now don't expect him to say very much. He's an engineer and doesn't talk much."

She drove away, and he talked for the next two hours. Turns out he

really had a need to share and wanted someone to talk with. I became his Saturday visitor.

Both types of visits can either be on a regular schedule (for example, every Saturday morning) or just as needed. The typical visit lasts about an hour, but it is not uncommon for a visit to last up to three hours.

The primary skill needed to be a Hospice volunteer is simply the desire to listen. It is an incredibly humbling experience to develop the trust with someone that allows him to feel comfortable to share his life story.

As tends to be the case with many volunteer opportunities, I have found I feel like I get more out of it than what I am giving.

Former CEO Kilgore Donates Home

The Knox Area Rescue Ministries recently received the donation of a Gettysvue subdivision home appraised at \$620,000.

The home belonged to Tom Kilgore, former President and Chief Executive Officer of the Tennessee Valley Authority, and his wife, Myra Kilgore.

Tom Kilgore said the couple has supported KARM for years and wanted to do something to help the organization, which is launching a capital campaign.

"Their mission is to try to keep people in their houses and feed those who can't feed themselves," Kilgore said. "And I really like the fact they are trying to transition people back into housing. I think that is very admirable."

The couple has a farm near Knoxville and decided to give up the Linksvue Drive home. Burt Rosen, CEO of KARM, said the organization will try to sell the property.

"We are not going to try to hold onto the property," he said. "We are not in the real-estate business." (This article was excerpted from an article in the June 28 Knoxville News Sentinel.)

(Dr. Steve Chardos retired in 2009 as a Senior Psychological Consultant, after 30 years of TVA service.)

<p>John E. Alford, 5/27/2015 (1/3/2000) David E. Armour, 7/15/2015 (7/26/1994) Buddy O. Bain Jr., 5/12/2015 (12/3/2005) Susan B. Beene, 7/19/2015 (3/1/1996) John R. Behm, 6/6/2015 (10/1/1988) Charles A. Bentley, 6/16/2015 (1/9/1982) Harry N. Blackwell, 5/22/2015 (1/12/2004) George N. Bowersock 5/19/2015 (10/17/1994) Ronald F. Bradford Sr., 6/9/2015 (10/3/1996) A. Anthony Burzese, 5/14/2015 (6/22/2013) Robert E. Bussey, 7/3/2015 (1/3/2002) James Roy Byrd, 6/12/2015 (2/6/1988) James A. Cook Sr., 7/4/2015 (5/29/2004) Norma W. Cooper, 7/4/2015 (1/10/1981) Edward J. Cox 5/10/2015 (12/29/1986) Robert A. Crabtree 5/13/2015 (7/15/2006) James A. Crittenden, 6/17/2015 (10/17/1994) Charles G. Debord, 6/18/2015 (2/8/1997) Doyal J. Duncan, 7/8/2015 (3/29/1997) Leo Edwards, 6/12/2015 (11/10/1984) Ralph N. Emmons, 7/6/2015 (10/17/1994)</p>	<p>Barbara H. Ervin, 6/4/2015 (12/30/2000) Michael W. Erwin, 5/14/2015 (7/10/2004) Elizabeth D. Evans, 5/15/2015 (1/5/1985) Jerry M. Fleming, 7/3/2015 (9/27/1997) Curtis A. Franks 6/10/2015 (10/1/1988) Ernest D. Gifford, 5/24/2015 (10/17/1994) Gwendolyn S. Gill, 5/13/2015 (5/2/1981) Nolie L. Gilliland Jr. 5/5/2015 (1/3/1981) Nathaniel Goodloe, 3/30/2015 (1/11/1986) C. Ray Goodroe, 5/11/2015 (1/7/1984) Paul Q. Hallum, 7/24/2015 (12/4/1999) Wayne B. Harp, 6/26/2015 (6/19/1982) Manson P. Hastings, 7/10/2015 (1/1/1983) Howard E. Higgins Jr., 6/22/2015 (9/29/1990) Mary B. Hobson, 4/28/2015 (7/9/1991) Edward F. Hogan, 7/22/2015 (6/2/1993) Dorothy D. Holland, 6/18/2015 (8/30/1992) Julia C. Holt, 6/8/2015 (Unknown) Danny R. Houston, 5/11/2015 (1/29/2002) James H. Hubbard II, 6/29/2015 (11/4/1991) Bobby J. Inman, 5/12/2015 (10/17/1994)</p>	<p>Donald O. Jett, 6/21/2015 (7/10/1993) Maggie J. Johnson, 6/12/2015 (12/29/2002) Richard E. Kerr, 5/20/2015 (6/27/1992) Roy D. Lee, 5/2/2015 (12/31/1994) Nathan J. Lewis, 4/25/2015 (10/1/1988) William L. Lindsey, 7/25/2015 (7/30/1988) William C. Ludwig, 7/9/2015 (1/7/2006) Jerry J. Malone, 7/27/2015 (5/4/2002) Henry Glenn Martin, 6/7/2015 (2/8/2014) Jackie V. Martin, 6/21/2015 (7/8/1989) Luther H. Mathis, 4/24/2015 (10/17/1994) Donald R. Matthews, 6/18/2015 (10/16/1999) Benton E. McCuiston, 7/9/2015 (2/28/1981) Eileen V. McGuire, 5/4/2015 (8/1/1988) David J. Merideth, 5/2/2015 (7/3/1992) Deborah G. Messer, 5/29/2015 (10/1/1988) Robert D. Miller, 7/10/2015 (9/30/1989) James F. Moates Jr., 5/19/2015 (1/14/2004) David W. Moore, 7/28/2015 (10/3/2005) Lyndell R. Morgan, 5/7/2015 (1/27/2001) Betty D. Morgan, 4/30/2015 (Unknown)</p>	<p>Lyndell R. Morgan, 5/7/2015 (1/27/2001) John W. Oliver, 7/2/2015 (3/28/1988) Terry W. Pfeiler, 6/12/2015 (8/16/1988) Orville G. Posey, 4/26/2015 (8/31/1985) Clyde W. Riddle, 5/15/2015 (7/30/1988) Roger L. Rollins, 7/2/2015 (1/3/2011) Lee C. Sheppeard, 5/30/2015 (7/1/1988) Mendell E. Snodgrass Jr. 6/11/2015 (9/20/2008) Joel R. Stephenson Jr., 5/26/2015 (10/22/1982) Betty J. Street, 5/28/2015 (1/3/1987) Robert G. Thress, 6/16/2015 (1/11/1992) Willard E. Tibbs, 4/21/2015 (5/4/2002) Milford C. Todd, 5/3/2015 (1/6/1990) Max J. Vonschimmelmann, 6/29/2015 (6/30/1990) Nagle W. Wheeler, 5/4/2015 (12/2/1992) Marion R. Wilburn, 7/1/2015 (1/1/1993) Jack A. Wiley, 7/21/2015 (8/9/1981) E. Jane Wilkerson, 6/3/2015 (9/17/1992)</p> <p>To report the death of a retiree, call the TVA Retirement System toll-free at 1-800-824-3870.</p>
--	--	--	--

Picnic...continued from page 1

information to you in a timely and efficient manner.

The digital age keeps marching on!

Congratulations to Allen Stokes. He was recently re-elected as the seventh member of the TVA Retirement Services Board of Directors. That means he will continue to represent retirees' interests on the TVARS Board.

I received a letter from William Johnson, President/Chief Executive Officer of TVA, thanking TVARA for its involvement in the TVA Strategic Review for the President Obama's 2014 Budget.

In his letter, Johnson said, "I personally appreciate your help in telling the good story of TVA."

As you may remember, TVARA was asked to provide input to demonstrate the value of TVA to the Tennessee Valley in the past and in the future. We were proud to provide input and so glad to continue telling the story of TVA.

There are several articles in this edition about TVARA members and what they have been up to. Be sure to check them out.

We are so proud of our members and how they give back to the community.

And be sure to read John Blackwell's article on those darling eaglets at his lake house.

What interesting/fun/exciting things are you doing? Let us know.

Upcoming September 2015 Chapter Meetings

BROWNS FERRY

September 8, 2015, Noon

Stanfield's Restaurant, Rogersville, Ala.

- Guest Speaker: Jerry Barksdale, author and retired attorney
Terry Chinn, President
256-230-3660/terryandjanachinn@yahoo.com

CHATTANOOGA

October 20, 2015, 10:30 a.m.

Brainerd United Methodist Church, Fellowship Hall

- Guest Speaker: TBA
- Meeting Topic: TVA Health Insurance Plans for 2016
Tom Swanson, President
423-344-6892/twswanson@comcast.net

CLEVELAND

September 18, 2015, 10 a.m.

Hopewell Church of God Fellowship Hall, 5765 Eureka Road NW

- Program: TBA
- Guest Speaker: TBA
John Austin, President
423-472-2720/austintnuffan@charter.net

FLORIDA

November 13, 2015, 11:30 a.m.

Lakeside Inn, 100 N. Alexander St., Mount Dora, Fla.

- Guest Speaker: Pat Brackett, Executive Secretary, TVA Retirement System
- Special Guest: Suzan Bowman, TVARA Valleywide President
Patrick Hughes, President
321-392-3097/patngigi@yahoo.com

GALLATIN

September 9, 2015, Noon

Gallatin Public Library, East Main Street

- Guest Speaker: Justin Vineyard, TVA Retirement System Update
Al Goguen, President
615-325-6938/goguen68@comcast.net

HUNTSVILLE

September 10, 2015, 10 a.m.

TVA Office, 4960 Corporate Drive, Suite 125F

- Guest Speaker: Jennifer Kiessling, M.D., Huntsville Cardiovascular Clinic, PC
Vernon L. Moore, President
256-353-8408/vlmoore@pclnet.net

JACKSON

September 9, 2015, 9:30 a.m.

St. John's Masonic Lodge, 1341 North Highland Ave.

- Guest Speaker: Pat Brackett, Executive Secretary, TVA Retirement System
Paul Egbert, President
731-424-4342/pabloegg77@gmail.com

JOHNSONVILLE

September 8, 2015, 10:30 a.m.

Country Western Steakhouse, Camden, Tenn.

- Guest Speaker from Identity Theft Division
Randall W. Clark, President
731-584-7629/rwclark29@charter.net

KINGSTON

September 28, 2015, 10:45 a.m.

Kingston Community Center, 201 Patton Ferry Road

- Guest Speaker: Amber Jacks, Roane County Mid-east Community Action Agency
Senior Service Division
Marcus C. Melton Jr., President
865-388-3919/mcmelton@nxs.net

KNOXVILLE

September 17, 2015, 10:30 a.m.

Fellowship Church, 8000 Middlebrook Pike

- Guest Speaker: Pat Brackett, Executive Secretary, TVA Retirement System
- Guest Speaker: Representative from TVA Economic Development
DeWitt Burleson, President
865-675-7474/bdewitt@tds.net

MEMPHIS

September 21, 2015, 11:30 a.m.

Dale's Restaurant, 1226 Main St., (Stateline Road), Southaven, Miss.

- Program: TBA
David L. Teuton, President
901-212-3822/davidteuton@yahoo.com

MISSISSIPPI

September 8, 2015, 10:30 a.m.

*(Refreshments served before meeting)
Tupelo TVA Customer Service Center, 3197 Brooks Road, Belden, Miss.*

- Program: TBA
James H. Oswalt, President
662-767-3202/jhoswalt@bellsouth.net

MUSCLE SHOALS

September 16, 2015, 10 a.m.

TVA Community Credit Union Conference Room, 1405 Wilson Dam Road

- Program: TBA
Henry Long, President
256-381-2599/henrylogn@comcast.net

NASHVILLE

September 9, 2015, 10 a.m.

Piccadilly Cafeteria, 865 Murfreesboro Road

- Guest Speaker: Lisa Spencer, Meteorologist @ WSMV TV-4
- "Lunch with Lisa" provided by Nashville chapter
Charles P. Smith Jr., President
931-381-0255/charlesjewel@charter.net

NORTHEAST ALABAMA

September 8, 2015, 11 a.m.

Mud Creek Restaurant, Hollywood, Ala.

- Program: TBA
Larry A. Hancock, President
256-437-8220/lah35772@gmail.com

PADUCAH AREA

September 15, 2015, 11 a.m.

Nobel Park

- **ANNUAL PICNIC** — everything supplied
- Guest Speaker: Pat Brackett, Executive Secretary, TVA Retirement System
Ken Dickerson, President
270-442-9539/kenneth.dickerson@comcast.net

PARADISE

September 8, 2015, 10:30 a.m.

Eva J. Hawes Building at Morgantown City Park

- **ANNUAL PICNIC**
- RSVP to Gary Southerland by email glsouth@bellsouth.net or call 270-526-3451 by **Aug. 25** (must know number to order food)
Cost of meal \$5 to retirees & family and \$10 to other guests
Gary Southerland, President
270-526-3451/glsouth@bellsouth.net

UPPER EAST TENNESSEE

September 10, 2015, 11 a.m.

Golden Corral Restaurant, Morristown, Tenn.

- Report on Aug. 6 TVARA Board Meeting
- Plan Christmas Dinner details
Les Bays, President
423-782-8458/LPbays1@yahoo.com

WATTS BAR

September 14, 2015, 10:30 a.m.

Spring City United Methodist Church Life Center

- Guest Speaker: Jessie Green, Watts Bar Live Well Director
- Catered Lunch \$7 per person
Call 423-365-9048 for reservations by **Friday, Sept. 11**
Kathleen Garrison, President
423-365-9048/eddiekathleen@bellsouth.net

WESTERN AREA

September 16, 2015, 10:30 a.m.

Paris Landing State Park Inn, Buchanan, Tenn.

- Guest Speaker: Justin Vineyard, TVA Retirement System Update
- Report on TVARA Board Meeting
Paul Russell, President
731-642-1222/No Email Address

Please visit the TVARA website at www.tvara.org and hover your mouse over the tab "Local Chapters" to find your chapter. Click on your chapter to view the chapter's meeting details.



Presorted Standard
US Postage
PAID
Knoxville, TN
Permit No. 439

**The Tennessee Valley Authority
Retirees Association**

400 West Summit Hill Drive SPT 5A
Knoxville, TN 37902



8th Annual TVA/Norris Picnic Reunion Aug. 29

The 8th Annual TVA/Norris Picnic Reunion is scheduled Saturday, Aug. 29, at 3 p.m. at the Lion's Club Pavilion in front of Norris Middle School.

All TVA employees or former employees who worked in Norris or were associated with TVA's Resource Management organization are invited.

Families and friends are welcome.

Please bring a covered dish or favorite picnic food to share. Paper plates, cups, utensils, and beverages will be provided.

Bring your lawn chairs, too.

**Paducah, Paradise Picnics,
Florida Annual Meeting Set**

Fall is around the corner, and for some TVARA chapters, it is picnic time.

Picnics are planned Sept. 8 for the Paradise Chapter and Sept. 15 for the Paducah Chapter.

The Florida Chapter will have its special annual meeting Nov. 13 in Mount Dora, Fla.

See details under Upcoming Chapter Meetings on page 15.

Save TVARA Money by Receiving Newsletter by Email

Send us your email address, and we will forward you a link to the *TVARA News* each quarter.

This will save printing and mailing costs for TVARA, and your copy of the newsletter will arrive days ahead of the postman.

Send an email to Reba Whitson at rjwhitson@tva.gov, requesting delivery of the newsletter via email, and include your home and cellphone numbers in case we need to call you.