

# TVARA NEWS

The TVA Retirees Association

The Tennessee Valley Authority Retirees Association | 400 West Summit Hill Drive WT 8C-K | Knoxville, TN 37902 | www.mytvra.org | 865-632-3318

## TVARA Looking Forward to Coming Months & Beyond

By **JO ANNE LAVENDER**, TVARA Valleywide President

I am excited to serve as TVARA's Valleywide President for the next two years. Having served as the Knoxville Chapter President the past couple of years, I have gained some insight into the activities and contributions of TVARA and its chapters.



JO ANNE LAVENDER

for TVARA members. Our chapters have done a good job keeping in touch with members and having meetings (either virtually or in-person) as it was safe to do so.

We are looking forward to the pandemic's slowing down significantly, so chapters can

meet more often, have fun events, and contribute to their communities.

As these opportunities open up, I encourage you to take advantage of them as you can. It is really wonderful to meet with colleagues we worked with at TVA.

I am proud of how the TVA chapters contribute to their communities in so many different ways.

I am thankful for Bicentennial Volunteers Inc., which funds many of our service projects. I encourage you to look for ways in which we can make

a difference. BVI is happy to provide funding for many of our projects.

TVA is increasing its involvement in the communities it serves. TVARA is looking for opportunities to partner with TVA and TVA employees to make a positive difference in those communities.

In future issues of this newsletter, we will be highlighting our 19 chapters, so we can get to know a little more about each of them. On pages 4 and 5 in this issue, we have highlighted some activities of the Muscle Shoals Chapter and the Knoxville Chapter.

This issue of the *TVARA News* is chock full of informative and entertaining articles. Theresa Habiger and Jim Andrews do a marvelous job of gathering articles and news and editing and publishing that news to keep us informed.

I hope you enjoy this issue!

Your other Valleywide officers for 2022-2023 are as follows:

- Alan Campbell, Vice President
- Debbie Rutherford, Secretary
- Lisa Overly, Treasurer
- Penny Walker, Volunteer Coordinator
- Vickie Ellis, Past President

I am thankful for the great job that Vickie Ellis did as President of the Valleywide TVARA the last two years. She and the other officers kept us informed during the pandemic and kept us moving forward.

The past two years have been unusual and challenging for all retirees and

## TVARS reports \$9.2 billion in assets

The TVA Retirement System reports that for the one year ending in November 2021, investments earned an estimated 17.2 percent. System assets for November 2021 were \$9.2 billion.

The system's annualized returns over the past three-, five-, and 10-year periods are 12.3, 10.1, and 9.0 percent, respectively. These are preliminary numbers and are subject to possible revisions when financial statements are finalized.

To get a reprint of your 1099-R tax form or to update your personal information, visit [bnym.accessmyretirement.com](http://bnym.accessmyretirement.com) or call BNYM toll-free at 1-844-545-1256.

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Over 65? Call Via Benefits

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its Facebook address is

[facebook.com/mytvara.org](https://facebook.com/mytvara.org)

The TVA Retirees Association is the official organization of all TVA retirees. It was organized to serve the varied interests of TVA and its retirees and their beneficiaries, and to help keep them informed of TVA developments affecting their interests. It has been recognized by TVA as the responsible representative of retirees in conveying retiree views.

# TVARA NEWS & NOTES

The following news items were submitted to TVARA News by TVA's Internal Communications department:

## Gallatin Fossil Plant finds safer, cost-efficient rope

Not many people may give thought to how a coal barge stays anchored to be unloaded, but a team from Gallatin Fossil Plant did more than just think about it — they made it safer and saved some money along the way.

The drive for improvement all started at a Coal Yard Supervisor Peer Team meeting a couple of years ago, when the topic turned to safety concerns.

“We were discussing steel-cable-related incidents in the industry and at TVA, some severe in nature,” says Michael Powell, Senior Program Manager of Fleet Coal Yard Improvement. “I knew ATV and off-road vehicle winches now have a stronger rope on them instead of steel cables and wondered if there was such a rope — but ‘super-sized’ — that could be used at TVA in lieu of steel cables in harbor operations.”

A team was formed to research and investigate options. The result was discovering the Dyneema rope, which in relation to steel is about 15 times stronger.

The team put a plan in place to start replacing the steel cables with the Dyneema rope, attaching it to the barge corner fittings, for a barge-hauling system. After two years of work, the ropes were all in place, resulting in a safer and more cost-efficient process.

Gallatin coal-yard deckhands and others are finding the new rope safer, lighter, easier to fix, and easier to manage than the old chains.

## Largest planned outage ever completed at John Sevier plant

The planned outage at TVA's John Sevier Combined Cycle Gas Plant, which was completed in December, was the largest fall outage in TVA's gas-fleet history. It also was the latest in a series of actions to help ensure safe, reliable, low-cost power across the Tennessee Valley during the upcoming

cold winter months.

The plant returned to service Dec. 4, after successful execution of an annual fall outage that began Oct. 1. It was the most extensive fall outage to date of any plant in TVA's combined-cycle fleet, says Dustin Watson, JSCC Plant Manager.

“This is the largest outage at JSCC since the plant began commercial operation in 2012 to replace the coal plant,” Watson says. “This also is the largest work scope ever for any TVA combined-cycle plant. We left no component untouched in overhauling this plant to make sure it provides reliable power for years to come.”

The long list of JSCC outage activities included upgrades, refurbishments, and routine and major maintenance on all three combustion turbines, one steam turbine, and their associated generators. In addition, a major steam-turbine-controls upgrade, replacement of all steam-blending valves, reliability maintenance, winterization, and more were performed during the outage.

Power Operations collaborated with TVA's Power Service Shops, which worked to support the project both in the shop and at the site.

TVA scheduled 69 total planned outages in the gas fleet during the fall.

In addition to investments in its generation and transmission assets, TVA's diverse portfolio is also a critical part of its commitment to cold-weather reliability.

That commitment paid off in February 2021, when bitter cold left millions in Texas, Arkansas, Oklahoma, and Mississippi without power and caused six days of rolling blackouts. Under those same frigid conditions, TVA's



John Sevier Combined Cycle Gas Plant

service area had only one weather-related outage over 16,300 miles of transmission lines, and power was restored in 45 minutes.

## TVA biologists hook 53-inch lake sturgeon

TVA biologists landed a number of lake sturgeon on a set of trotlines near Kingston Fossil Plant as part of an annual sturgeon survey designed to monitor and map the overall health of the fish in the Tennessee River. The native species was overfished and vanished from the Tennessee in the 1950s.

Today, lake sturgeon are being reintroduced through a multi-agency, 30-year partnership involving the U.S. Fish & Wildlife Service, TVA, the Tennessee Wildlife Resources Agency, the Tennessee Aquarium, the University of Tennessee, and multiple other stakeholders.



This 53-inch-long lake sturgeon showed up in annual survey conducted by TVA biologists. *Photo courtesy of the Nickajack Naturalist blog*

About 10,000-15,000 juvenile lake sturgeon are stocked each year in reservoirs from Fort Loudoun to Chickamauga. The fish are present throughout the entire Tennessee River chain, from the French Broad River to Kentucky Dam.

More than 250,000 lake sturgeon have been stocked since the program's inception in 2003.

Will lake sturgeon spawn in the Tennessee River?

TVA biologists don't know, but the answer could come as soon as 2023. According to studies conducted by the Wisconsin Department of Natural Resources, it takes about 20 years for a female fish to reach egg-laying maturity. Through an agreement with TVA and USFWS, biologists collect and transport fertilized eggs from Wisconsin to southern hatcheries each year.

Once hatched, the juvenile lake sturgeon are then stocked in the Cumberland, Tennessee, and French Broad rivers, as well as Georgia's Coosa River.

According to TVA Aquatic Zoologist Dave Matthews, conditions on the Tennessee are expected to replicate the 20-year spawning milestone that continues to be observed 700 miles farther north.

# Community Chapters Donate Dollars after Disaster

By PENNY WALKER, TVARA Valleywide Volunteer Coordinator

Between the late hours of Dec. 10 and the early hours of Dec. 11, five tornados ripped through Kentucky. The largest and most devastating, classified as a F-5, demolished the city of Mayfield and surrounding area.

By Monday, Dec. 13, the local TVARA chapters were already working on assisting with relief efforts for the people of Mayfield/Graves County.

Four chapters reached out to Bicentennial Volunteers Inc., requesting grants to provide financial aid to the area's tornado relief funds.

The TVA Retirees Association's Paducah, Paradise, Knoxville, and Western Area chapters each received \$5,000 from BVI.

The Muscle Shoals chapter collected \$1,000 from its members and sent it to the Paducah Chapter for distribution to the local fund.

In other examples of support to communities, the TVARA Chattanooga Chapter received a \$5,000 grant from BVI to assist in ramp-building efforts in the Chattanooga/Hamilton County area. This is an ongoing community endeavor by Chattanooga members in conjunction with Neighborhood



Dan Bash (right), TVARA Paducah Chapter Treasurer, presents a check for \$5,000 to Darwin Towery, a member of the Mayfield Graves County Tornado Relief Fund and employee of the Mayfield Independence Bank.

Helpers. In 2021, nearly 70 projects were completed.

This was a major accomplishment, considering all the challenges presented to the group by the COVID pandemic. More than 3,800 workhours were donated to these efforts.

The Knoxville chapter received a \$30,000 grant from BVI for The Wall That Heals project. The chapter and BVI will be sponsoring this event.

The Muscle Shoals chapter received a \$5,000 grant from BVI for its annual Angel Tree Project. Chapter members, in conjunction with TVA's Power Services Shops, provide Christmas gifts to local children who may not otherwise have anything. Chapter members shop, wrap, and deliver the gifts. Also, the chapter received a \$10,000 BVI check for its annual Garden Seed Program, working with the Community Action Program to provide vouchers to low-income individuals to purchase plants, seeds, and fertilizer for a small garden.

See related articles on these Knoxville and Muscle Shoals efforts in this issue of *TVARA News*.



# Knoxville Chapter Charted Positive Pandemic Path

By JO ANNE LAVENDER, TVARA Valleywide President • President, Knoxville TVARA Chapter, 2020-2021

As has been the case throughout the world, the past two years for the Knoxville TVARA Chapter have not been typical.

Normally the chapter has quarterly meetings each year that include two meetings held at a local church, a picnic, and a Holiday Luncheon. We have TVA speakers and other guest speakers we think our members will find interesting. Normally, we also are involved in service projects and various activities, such as tours, throughout the year.

Here's what the COVID-19 pandemic provided instead:

**A Single 2020 In-Person Meeting** — We were fortunate that our first chapter meeting in 2020 happened on March 12, one day before the world stopped.

It was a great meeting, with Justin Vineyard from Retirement Services as a speaker, and the Red Cross teaching us how to do “Hands-Only CPR.” We were able to practice on dummies.

We had refreshments and a wonderful time visiting (in-person) with each other. We had no idea at the time that would be our last in-person meeting for a year and a half.

**June 2020 Meeting — Canceled** — In April, our officers (Mike Rutherford, Donna Terzak, Sylvia Whitehouse, Reny McClain Lee, and I) met to decide what to do about the June meeting. At that time there were restrictions on sizes of gatherings in Knox County, so we canceled the June meeting.

**Virtual Meetings — September 2020, December 2020, March 2021, June 2021** — In July, we met to decide about the September meeting. The COVID situation was still bad, but we didn't want to miss another meeting, so we decided to have a “virtual meeting.” This would be the first of four virtual meetings over the next year.

It turned out the virtual meetings worked fine; not as well as in-person meetings, of course. But TVA helped by providing the technical support for the meetings, which was wonderful. Our TVA speakers from Retirement Services (Mark Meigs, Justin Vineyard, and Veenita Bisaria) and from Benefits (Jerry Landon and Joe Galardi) were always willing to be on our agenda. Vickie Ellis, TVARA Valleywide President, gave us frequent updates on what was happening around the Tennessee Valley.

There were some advantages of the virtual meetings. The main one, of course, was that no one was exposed to COVID during a meeting. And we were able to get some speakers who might not have been able to travel or have been allowed to attend an in-person meeting at that time.

We were even able to award door prizes by drawing names and mailing the gift cards. We also could record these virtual meetings and put them on the [mytvara.org](http://mytvara.org) website, so members could view them at their convenience.

We had some wonderful speakers, in addition to those from Retirement Services and Benefits, ranging all the way up to TVA Chief Executive Officer Jeff Lyash. These individuals (and their topics) included:

- Dr. Steve Chardos, *Physical and Emotional Well-Being During Covid*
- Gary Harris, VP, TVA Industrial Services, *Power Proposals to MLGW & Support of Memphis Community*
- Erin Read, Knox County Health Department, *Staying Safe During the Holidays*
- Justin Maierhofer, VP, TVA Federal Affairs, *Washington Update*
- Stacey Heatherly, Tennessee Highway Patrol, *Defensive Driving — Drive to Zero Fatalities*
- Joe Hoagland, VP, TVA Innovation & Technology, *Igniting Innovation*
- Sharon Taylor, Knox County Sheriff's Department, *Improving Your Personal Safety*

**Picnic In-Person September 2021** — In July of 2021, our officers decided we could have our Chapter Picnic at Douglas Dam. The outdoor venue presented a safe environment to meet. We were elated to be able to gather in person. We had individual lunches and a wonderful program. We had speakers including Mark Meigs, Retirement Services; Joe Galardi, Benefits; Marilyn Brown, 7th Director of TVA Retirement System Board; Vickie Ellis; and Eric Bodiscomassink, TVA Plant Manager, Cherokee Plant Group.



Don and Judy Warren, attending September 2021 Knoxville Chapter Douglas Dam Picnic

**December 2021 Meeting — Canceled** — In October 2021, we took a look at our traditional and well-loved December Holiday Luncheon. We typically have about 200 members attend. Again, the COVID numbers were high and the gathering would put us in close proximity to each other. So, reluctantly, we canceled the meeting. We did schedule tours of small groups at the Tennessee Theatre in December

*Continued on page 13*

# Community Involvement as Usual Despite Unusual Times

By **TIM CORNELIUS**, President, TVARA Muscle Shoals Chapter

The past couple of years have been different, to say the least.

In December, the TVARA Muscle Shoals Chapter held its first in-person meeting since COVID-19 restrictions began. About 25 members attended, and it was good to see everyone again.

Our next Muscle Shoals Chapter membership meeting is scheduled for March 9.

Even though we were unable to have meetings during that time, members of our group still had a huge impact on our local community by volunteering their time to various local causes. Also, the chapter provided financial support to victims of the recent Middle Tennessee flooding and Kentucky tornadoes through Bicentennial Volunteers Inc. grants and personal donations from our members.

One local activity in which the chapter assisted as usual was the Garden Seed Project administered in cooperation with the Northwest Alabama Community Action Agency. Its purpose is to provide enough seeds, plants, and fertilizer for low-income households in Colbert, Franklin, and Lauderdale counties to plant a garden.

Chapter members continued to contribute and raise funds to support an endowed scholarship at the University of North



TVARA Muscle Shoals Chapter Treasurer Joan Marsh and chapter University of North Alabama Scholarship Chairman John Ingwersen, with 2021 scholarship recipients Ansley Hines (left) and Dayanara Holt



From left, Muscle Shoals Chapter President Tim Cornelius, Northwest Alabama Community Action Agency Assistant Director Mandy Dowdy, and Muscle Shoals Chapter Treasurer Joan Marsh, at chapter's presentation of donation to support the annual Garden Seed Project

Alabama. Each year, two qualified students receive scholarships of about \$1,500 each. Preference for these scholarships is given to applicants who are close relatives of TVA retirees.

In partnership with Northwest-Shoals Community College and the Shoals Area Chamber of Commerce, our chapter supports Boosting Engineering, Science & Technology (BEST) Robotics of Northwest Alabama. Chapter members volunteer to support middle-school and high-school students participating in robotics competition. These events are designed as a sporting event in which students have hands-on experience in engineering and design, problem-solving, critical thinking, teamwork, technical skills, leadership, decision-making, organizational management, and marketing principles.

The chapter continued working alongside TVA's Power Services Shops to support the Annual Angel Tree Project, which provides toys for children within the community who otherwise might not receive any gifts at Christmas.

Our members assist with the shopping and delivery of gifts to the local families.

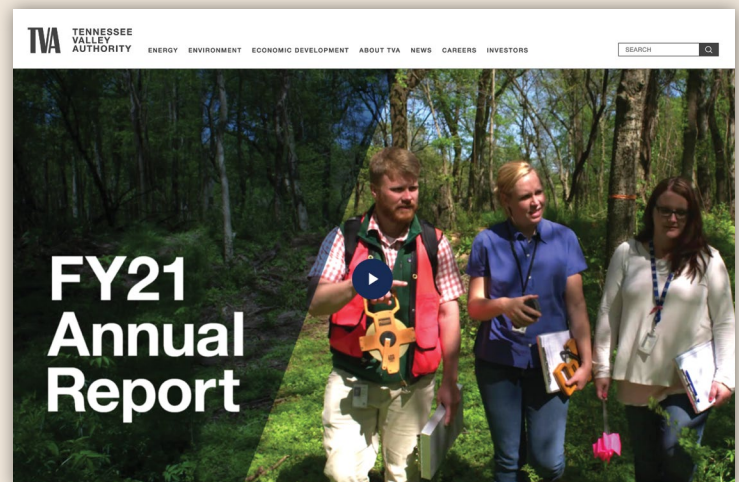
Additionally, several of our members regularly volunteer with churches, groups and agencies to assist with local community outreach.

## 2021 TVA Annual Report, 'Stronger Together,' Online

The strength of TVA is its people, says TVA Chief Executive Officer Jeff Lyash; and TVA's 2021 annual report focuses on the people and partnerships that drive the success of public power in the Tennessee Valley.

With TVA employees, retirees and other stakeholders working together, fiscal year 2021 was a banner year for TVA in economic development, and the power system continued to deliver low rates and high reliability. TVA championed environmental stewardship for the land, air, and water; it continued to reduce carbon emissions; and it helped Valley communities meet local needs.

Visit [tva.com/annualreport](https://www.tva.com/annualreport) to see the digital report, which has the theme "Stronger Together," and includes brief videos highlighting 2021 accomplishments and TVA's strategic priorities for 2022 and beyond.





# Slippin' and a-Slidin'...Hiking

# Muddie Olde England

## from Coast to Coast!

BY CHARLES VAN BEKE

My wife, Sherry, and I had made extensive hiking trips in the past to countries all over the world (the Balkans and Iceland were reported in previous issues of this newsletter). In this article, I recount the adventures during our long-distance England coast-to-coast hike with the Sierra Club.

Okay, you've heard about it raining in England, so not surprisingly all but two or so days of our hike was in the rain! Yikes! Sure glad we had sufficient raingear including gaiters to cover our feet and legs and good boots for mud. Lots of mud, but more about that later.

We began our trip to the UK by spending three delightful days in the capital of Scotland, Edinburgh.

That included three nights in a B&B constructed in 1882, with breakfasts including eggs with either sausage, bacon (aka ham), smoked salmon, and toast with marmalade or strawberry jam.

To warm up for our hike, we walked the Royal Mile in Edinburgh, which goes from the Palace of Holyroodhouse to Edinburgh Castle. Holyroodhouse is the Queen's official residence while in Scotland and is open to the public except when she is staying there.

I especially enjoyed the Queen's Gallery at the entrance to the estate, where all art media can be seen. Classic paintings, jewelry, costumes, statuary, and such.



Charles and Sherry Van Beke

Walking the Royal Mile, we also visited small museums, galleries, and the Scotch Whiskey Experience, a museum where thousands of bottles of scotch of all known vintages are on display. Oh, did I mention the tasting bar? Well, we found out there really are subtle and not so subtle differences in taste from the various distilleries of Scotland.

Enough about Edinburgh. Off we traveled by train — we absolutely love train travel in Europe, so civilized, comfortable, and on schedule — to Carlisle, where we met up with our Sierra Club hiking companions. After one night there, we traveled by local train to the small town of St. Bees on the Irish Sea.

That's the official starting point of what Wikipedia describes as "a 182-mile (293 km) unofficial and mostly unsignposted long-distance footpath between the west and east coasts of Northern England. Devised by Alfred Wainwright, it passes through three contrasting national parks: the Lake District National Park, the Yorkshire Dales National Park, and the North York Moors National Park."

The first day's hike was nine miles. It had rained quite a bit there over the past week, and the previous night was no exception. The result was that the trail was very muddy and slippery. While we did not have any rain to speak of during our hike, the wind was unceasing all day, especially when we were hiking along the cliff above the sea.

Our hike began with the traditional dipping of toes in the



Irish Sea. Then from sea level we made an immediate 700-foot climb to the top of the cliff. From there we walked for several hours across what we all probably consider typical English countryside — bogs, pastures, sheep everywhere, all mostly under cloudy skies.

St. Bees is a delightful village that goes back to Roman times. The church was built by the Normans around 1100, and the entrance remains. The rest was rebuilt at various times during the next centuries.

Two gentlemen gave us the history of the town and the church. Then they called the organist, who rushed over and gave us a concert on the church's very famous and well-known organ that dates to 1897. The organist immensely enjoyed himself, entertaining us with "Rhapsody in Blue" and other Gershwin tunes. We even got to go back among the 3,000-or-so pipes and bellows the congregation never gets to see. It was simply a marvelous way to begin our two days in St Bees.

Oh, and our dinners were delicious. That night, I had a very generous pâté appetizer followed by minted lamb. Sherry's entree was salmon. Large platters of fresh seasonal veggies accompanied dinner. No chips but platters of boiled potatoes and roasties (roasted potatoes). Did I mention the pints of ale? We passed on dessert.

The second night's dinner also was very good. Again, I began with a generous helping of pâté, followed by mussels in a cider sauce. Sherry's appetizer was a huge portobello mushroom, followed by mussels in a garlic cream sauce. We ate well. Indeed, this trip across the north of England from B&B to B&B gave lie to the reputation that all English food is boring and flavorless.

Our breakfasts in all of the B&Bs were traditional English breakfasts, although we generally passed on the baked beans and grilled tomatoes.



Delicious food awaited us at every turn.



Lunch without rain, at least at that moment

A word of praise for plastic baggies. You can never have too many baggies of all sizes on a rainy hike across England.

The first four hours the next day were on a forest service road. Our leader set a very brisk pace, because the walking was easy and only she knew what lay ahead.

Unfortunately, we spent all four hours in pouring rain. Sherry thought it might be the worst day of her life — not really liking hiking in the rain. At the end of the road was a hut with a roaring fire, where we stopped to eat lunch and to find out how really soaked through we were — even our backpacks, in spite of their rain covers.

While it rained all morning, at least there was no wind. We had been walking uphill along one of the lakes in the Lake District and were at the end of the road. Now we had reached the end of the valley and had nowhere to go but up, really up, over nothing but rocks.

With the rain the past several days, the trail was an aquatic course, with sheets of water coming down the mountainside. As there was no avoiding the water, you gave up all hope of trying to do so, just slogging through it. Climbing spread our group all over the mountain.

Happily, the rain stopped, but it stopped because the winds picked up drastically. With the rain clouds blown away, the sun came out, which mitigated the wind somewhat. My camera got wet and quit working, so the best photos of the day were lost — the water cascading down the trail, then the gorgeous views of this rugged mountainous area and lakes in the valley.

Trying to make time down the mountain I slipped and fell, gashing open an elbow. I really didn't feel anything, but then felt moisture running down my arm. My shirt soaked it up, so it never dripped out of the bottom of my sleeve into my glove.

Every day we met the most delightful locals you can imagine. They hiked along with us, these very spry older

*Continued on next page*



Watchful eyes along the trail



Sherry seeking shelter under an abandoned railroad bridge



This sign says it all.

ladies and gents with absolutely marvelous senses of humor. They were a real treat.

Unfortunately, the just-described hike was only a tune-up for the next day.

That next morning, we hit the trail and hiked in a driving rain and wind until about 2 p.m. Although the sun never really came out, we were then treated to more beautiful views of the mountains and valleys of the Lake District. While my photos show the gloomy skies, everyone nevertheless agreed it was a glorious day of hiking.

We got used to walking through water and bogs, where the ground was well beyond its absorption capacity. The climbs and descents ranged from gradual to very, very steep, like going up sets of stairs. During the period generally from 1750 to 1850, walls were built everywhere, even into the very highest mountainsides. Really amazing.

We ate lunch — soggy sandwiches — standing with backs to the wind.

The next day was more of the same. We did, however, learn to make better use of our raingear and baggies. Our gaiters were invaluable in this type of activity, an absolute necessity. We got pretty good at putting them on.



Looks like a bit of sun today

Traveling with us that day was a member of the mountain rescue team for this area. He stopped frequently to point out and describe points of interest and history of the area. His full-time job was at the Sellafield nuclear facility, which is on the coast near St Bees.

Our lodgings were really, really nice. Large rooms, large modern baths and, wowie, lots of hot water. When we arrived in our full raingear at the Langstrath Country Inn in Borrowdale, we were greeted by a plaque on the front of the inn that read, “In memory of a sunny day in Borrowdale.” It fit the day and was an all-too-true omen of what was to come.

At the end of each day, after we had showered and hung up our clothes to dry, a local pub welcomed us for a pint or two. The weather report was always on the telly and was generally the same — blustery winds and rain. Prepare for another glorious day of hiking! It was England, you know.

We spent the night in Grasmere in the most pleasant Best Western you can imagine, a real English countryside hotel, pub, and restaurant. Sherry and I lucked out with a bedroom and adjoining sitting room, every inch of which was laid out with wet clothes and gear.

By the way, all the B&Bs had warm drying rooms, where you stuff your boots with newspaper and set them out to dry before the next day’s soaking.

That next day was tough. Exceedingly high winds and driving rain for much of the day. The morning featured nasty weather and a difficult climb. By lunch we had only gone a bit over two miles and still had not reached the height of our climb for the day.

When we did reach the top, the winds might have been the fiercest I have ever encountered. And, of course, the trail up might just as well have been another water course. Later in the afternoon the rain ceased, but not the wind, and we descended into another gorgeous valley with sheep and deer grazing, as we made our way to Glenridding.

For most of the trip, I did not take many photos because



of the logistics of just getting the camera out, and the dampness the other day had played havoc with it. But this was a good day because we made it through it. Interesting how a miserable day can give you such a feeling of achievement and contentment.

Finally, there came a day with blue sky and minimum wind. We started out with a ride on one of the steamers first put in service in 1887. The lake, Ullswater, is the largest in the Lake District. During our cruise we stopped so a family could scatter the ashes of a loved one.

We cruised about halfway down the lake, then walked the 7-mile return. The group split into two by design, faster hikers and slower hikers. Eight of us were part of the faster group and enjoyed a stop at the White Lion Pub in Patterdale before finishing at our lodgings. But after a lovely interlude that day, the weather turned nasty that night, and the next day was another day of climbs.

Two members of our group opted out and rode ahead with the baggage.

Our group included a urologist, two lawyers, a banker, a photographer, a schoolteacher, a professor, a telecommunications person, a technical writer, a legal assistant, and I can't remember what else. There were five couples, three single women, and one single fellow. Our breakfasts and dinners were excellent — more wet lunches on the trail, not so good.

The towns and villages we stayed in were quaint and everything you would expect if you had ever looked at postcards or picture books of rural England.

Another day of rain and wind all day. The hiking the day before was 8 miles through waterlogged pastures. It was



The nicest Best Western you'll ever stay in

the first day that my feet actually squished in my boots. And it was chilly. Thank goodness, we carried a small thermos of hot tea each day to have with our stand-up lunch in the rain.

The B&B in which Sherry and I stayed that night was in Kirkby Stephen and had only two guest rooms, so it was very much like staying in someone's home. The owners were retired, he from Shell and she from nursing.

The weather forecast for the next day indicated more of the same. Rainy, windy, and cold. Sure would be nice to see our shadows again, we thought.

Slippin' and a-slidin' mud. Mud was the word of the day. Did I happen to mention mud? Slippery mud. Deep mud. Eight to 10 miles of that day's hike was in mud. Just to give you an idea how bad it was, when we arrived at our B&B at the end of that day, the proprietress met us out front and directed us around back. Then she took out her garden hose and hosed us down. No kidding.

Really, mud over the tops of our boots. Now we knew what gaiters are for.

We started the day with a 4½-mile climb. Before we began, we were told that when we reached the top, we would have to endure gale-force winds. Well, winds that strong together with more rain and more mud made it an adventurous day, a very long day, a very tiring day.

At the top, we were on the fells (aka moors), with seemingly endless and extensive peat bogs crisscrossed with hags. Hags are ravines of various depths and widths that are nothing but water and mud, deep mud. You know what bogs are, mud and water with various types of vegetation.

Once you started to cross any part, you dare not stop because you would sink even deeper. The trick was to "stay light," just keeping moving as quickly as you could. Every step for hours on end we were in mud, not mucky but slippery mud. One time I fell and slid for 10 or 12 feet. But it was a nice soft fall.

Sherry said it was a miserable day, unlike anything we had ever done before. I thought it was kind of neat. I mean, what else would I write about but — I repeat — mud? I just can't imagine that many of my friends have come close to encountering mud on this scale.

I wish I had a video of that day, but I don't even have a photo.

Okay, but the next day was beautiful, if a bit on the chilly



The Palace of Holyroodhouse

*Continued on next page*

side. We dressed for the worst, but no rain ever fell. Just a breezy day with on-and-off sun. No climbs, just a walk through the beautiful Yorkshire countryside. A local retired couple pointed out various interesting sights and sites.

The area was a center of lead mining in the old days, actually back to the Romans, so we saw mines and the remains of a smelting operation and learned a bit about mining and smelting practices. The hamlets and villages were classic — all stone structures and walled narrow roads.

There are tens of thousands, probably more, miles of stone walls in England. They are everywhere and are beautiful. We climbed over and through many of them. Also saw farmers on their ATVs, with their border collies herding sheep. So it was an interesting and easy day.

Due to good weather, we actually sat in dry conditions at lunch that day. No standing up with our backs to the wind and rain. Each time we came to a mud puddle, we worked our way around it so as not to get our boots muddy. What a difference a day makes. We looked forward to the next day and two nights in the same bed. Yippee!

Our hike into Richmond was through beautiful Yorkshire countryside. Miles and miles of stone walls, green pastures, thousands of sheep, stone villages ... and pretty good trails, no deep mud, very little rain but quite breezy or even windy — that is, good hiking weather. All photos will have grey backgrounds.

On the way into Richmond, we had John and his wife, Maura, as our guides. John and four friends joined us for dinner the second night in a Richmond pub and then entertained us with music and song. They handed out



Whitby Abbey

song sheets, and we all joined in. They played guitars, banjo, whistle, spoons, and a couple of primitive accordion-like instruments. I wish we had recorded everything.

We had gone to an Indian restaurant the first night. Delicious, but huge portions — for example, the naan was the size of a large pizza. My lamb biryani could have fed five or six people. We passed around lots of dishes.

Our guide in Richmond was a woman who had served on the town council for a number of years and as mayor on and off during those years. The town went all the way back to Norman times and to a grant from William the Conqueror shortly after 1066. She was informative, dry-witted, and a real delight. I took a photo which, sadly, was the last ever taken of her. She suffered a massive heart attack at lunch the next day with friends. I sent a copy of the photo to her son.

After Richmond, the hiking was easy, except for the pace. Most was in the Yorkshire moors, truly desolate, windswept terrain. Miles of nothingness, but lots of grouse. Our local guide, Mike, a fulltime farmer, had his border collie, Tess, along.

One day we visited the remains of a Carthusian monastery dating back to 1398. These monks were a wealthy order, and their cells were larger than typical New York City apartments. Each cell had running water and even toilets with running water. Mind you, not flush toilets, but naturally flushed by the constantly running water from a nearby mountain. Except for Sundays, each monk had no human contact.

To report again, our dinners were excellent but much too large. Our leader had warned us before we left home that we would return home fitter but heavier. Both true.

Finally, the North Sea, our goal. Our last hiking day we walked along the cliffs from Whitby to Robin Hood's Bay, visiting Whitby Abbey on the way, where Bram Stoker was inspired to write "Dracula" — I'll bet you would have guessed Romania. Not too worried about getting our boots wet, we stepped into the North Sea, followed by lunch and a pint, what else?

Our hiking over and dry and rested, we rode from Whitby to York, only about an hour-or-two drive, where we bade farewell to our group of intrepid hikers.

We checked into our B&B early and were involuntarily



Another (much more typical) wet lunch on the trail

*Continued on page 16*



# 'The Wall That Heals' Coming to Knoxville

By CHRIS ALBRECHT

In April, East Tennessee will host an exhibit honoring the thousands of men and women who gave their lives in service to their country.

On Jan. 27, 1973, officials from the United States and North Vietnam signed what came to be known as the Paris Peace Accords, formally ending U.S. participation in the Vietnam War.

More than 49 years later, many former American servicemen and servicewomen and their families still carry the scars of that war in the forms of mourning losses, post-traumatic stress disorder, and the devastating effects of exposure to the jungle defoliant known as Agent Orange, just to name a few.

Some have found the solution to their lingering agony in the form of suicide. Some have chosen to ease their pain with alcohol or drugs. Some have just suffered silently.

And that brings us to ***The Wall That Heals***.

***The Wall That Heals*** is an exact three-quarter-scale replica of the Vietnam Veterans Memorial in Washington D.C., which is also known simply as "The Wall." It bears the names of the 58,281 members of the U.S. military who made the ultimate sacrifice because of the Vietnam War.

The 375-foot-long memorial is accompanied by a 53-foot trailer that serves as a Mobile Education Center.

Since Veterans Day 1996, ***The Wall That Heals*** has traveled to nearly 700 cities and towns throughout America, spreading the memorial's healing legacy to millions. Through ***The Wall That Heals***, thousands of veterans and their families who have never been able to cope with facing The Wall in Washington are provided a means of finding the strength and courage to do so within their own communities. And this can allow the healing process to begin.

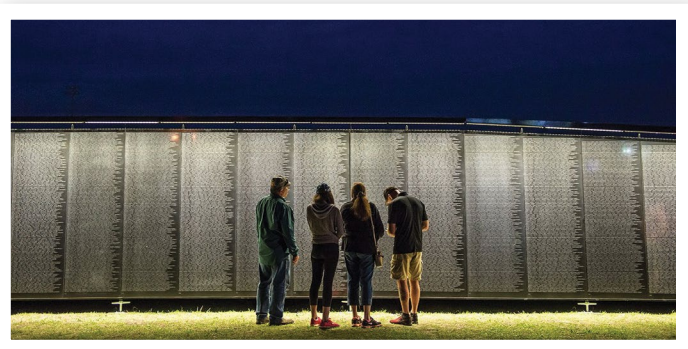


Knox County Mayor Glenn Jacobs has announced that ***The Wall That Heals*** will visit Knoxville on its 2022 tour of the country. The East Tennessee visit, one of only 29 nationwide, is being sponsored by Knox County, the Capt. Bill Robinson Chapter of Vietnam Veterans of America, the TVA Retirees Association, and Bicentennial Volunteers, Inc.

It will be displayed on the cemetery grounds at Berry Lynnhurst Funeral Home, 2300 West Adair Drive, in Knoxville from Thursday, April 21, until 2 p.m. Sunday, April 24.

An opening ceremony will be held at 10 a.m. April 21, sponsored by TVARA and BVI. The keynote speaker will be retired U.S. Air Force Capt. Bill Robinson, the longest-held enlisted prisoner of war in U.S. military history.

You can learn more about ***The Wall That Heals*** by visiting [vmf.org](http://vmf.org) online.



Visitors tour The Wall That Heals memorial during stops around the country such as the one scheduled in Knoxville April 21-24.



# Key Bill Contains TVA Access to Tax Credits

By JESSICA HOGLE, TVA Vice President, Federal Affairs



JESSICA HOGLE

It was a busy start to the year in Washington, with the U.S. House of Representatives and Senate working on legislation that could potentially have an impact on TVA operations.

First, the Biden Administration continued to work with members in the House and Senate on the Build Back Better legislation, which the President hopes to pass this year. As a reminder, TVA was included in the House version of the legislation in the definition of entities eligible for the renewable- and clean-energy tax credits with the direct-pay option, just like other public power entities.

TVA's direct access for these credits will ensure a level playing field with the rest of the industry.

The House bill also references TVA specifically in two sections relating to U.S. Department of Energy loans and grants, to clarify that a project is not disqualified simply because it uses TVA or power-marketing-association transmission lines. TVA eligibility for DOE loans and grants is another issue on which the TVA Federal Affairs team has been working to educate stakeholders in Washington. We will continue to monitor this legislation to position TVA as best we can.

Our team also is continuing to monitor Congress's work on the appropriations process.

The Senate also considered procedural changes to the filibuster rule, which requires 60 votes to proceed to debate and to consider legislation. That is part of Senate Democratic leadership efforts to pass the Freedom to Vote Act and the John Lewis Voting Rights Advancement Act, which the House passed in August. That effort ultimately failed after two Senate Democrats voted against the measure.

## Engaging with Officials

Our office hosted two congressional briefings in late 2021 to ensure TVA's federal stakeholders received accurate, timely information on important developing issues in the Tennessee Valley. In early November, we held a briefing on fuel cost going into the winter, as we anticipated elevated costs in line with the rest of the nation. We emphasized to our delegation that TVA is able to minimize impact of elevated fuel costs because of its diverse generation portfolio and how TVA works to keep rates low and stable every day.

Following devastating tornadoes in Kentucky and Tennessee in early December, we hosted a briefing with officials from impacted areas to inform them of TVA's efforts to support local power companies in restoring power to homes and businesses as safely and quickly as possible, as well as other support efforts in those communities.

## Federal Affairs in the Valley

As TVA continues to more actively engage with its D.C. stakeholders, we have continued to build our team of experienced government-relations professionals and welcomed several new members throughout 2021. They include the following:

**Alexa Armstrong Ingram**, TVA Washington Representative, came to us from the Department of Energy. She serves as liaison to TVA's East Region congressional delegation (East Tennessee, Georgia, North Carolina, and Virginia) and is our lead on policy areas including nuclear, natural resources, and appropriations.

**Jared Brewster**, TVA Washington Representative, came to us from the Department of Homeland Security. He serves as liaison to TVA's West Region congressional delegation (West Tennessee and Mississippi) and is our lead on policy areas including river operations, hydropower generation, labor, and climate resilience and emergency preparedness.

**Natalie Cook**, Federal Affairs Strategic Consultant, came to our team from TVA's Communications & Public Relations group. She supports the development and execution of the Federal Affairs business plans and strategies.

**Ashton Davies**, Senior Strategic Communications Consultant, serves in TVA's Communications & Public Relations group and is based in our D.C. office to focus on communications and engagement with our federal stakeholders and national trade groups. She came to TVA from the office of Sen. Lamar Alexander (R-TN), where she was most recently Communications Director.

The newest members of the team visited the Valley in November to get a deeper look into TVA's operations and see TVA's mission of service in action. They toured Raccoon Mountain Pumped-Storage Plant and the Systems Operation Center and trading floor in Chattanooga, then traveled to Knoxville to tour the River Forecast Center and to participate in TVA brand training to help share the "TVA story" with colleagues in Washington. It was also an



educational opportunity to equip our Washington Reps as they invite members of TVA's congressional delegation and their staffs to tour facilities in the Valley in the future.

## Board of Directors, IG Nominee Updates

The TVA Federal Affairs team has supported the confirmation process for five individuals nominated by President Biden last year. In April 2021, the White House nominated Beth Geer, Robert Klein, Kimberly Lewis, and Michelle Moore to the TVA Board of Directors, followed by the October nomination of Ben Wagner for TVA's Inspector General. These nominations expired at the end of 2021 before they could be confirmed by the U.S. Senate Environment and Public Works Committee, but the individuals were renominated in January. (Lewis's nomination has since been withdrawn, after she announced plans to run for Alabama's State Senate.)

A confirmation hearing before the Senate committee had not yet been scheduled at presstime of this publication. The confirmation process can be lengthy, so the nominees' commitment to TVA and its mission is a testament to their desire to serve the Valley. TVA Federal Affairs will continue to assist the nominees throughout the process.

## Vaccination Executive Order Update

TVA continually works to put its people at the center of every decision it makes, so it can continue to fulfill its mission of service. TVA has demonstrated this commitment throughout the pandemic by keeping its focus on protecting the health and well-being of its employees. In compliance with the President's executive order requiring federal employees to become vaccinated, TVA developed and implemented agency-specific policies that included processes to provide proof of vaccination, to request accommodation, and eventually to begin regular testing for unvaccinated employees.

In January, the Safer Federal Workforce Task Force issued new guidance on quarantine and isolation, consistent with guidelines for the general population. On Jan. 21, a federal judge in Texas issued an injunction that suspended enforcement of the federal vaccine mandate. As a result, TVA paused the previously implemented protocols while evaluating next steps. Federal Affairs is actively engaging its federal interagency partners to benchmark their approach to these recent updates. We will continue to engage with the Administration and members of Congress to share information on our efforts to continue safe, reliable, and resilient operations throughout the pandemic.

### Knoxville Chapter Charted Positive Pandemic Path...continued from page 4

to give an opportunity for our members to participate in an interesting activity.

**Service Projects 2020 and 2021** — We were able to continue serving the community in these ways:

- **Food Bank Donations** — Fortunately, Bicentennial Volunteers Inc. provided funds for each chapter to donate to local food banks to help those impacted by the pandemic. We were able to donate a total

of \$10,000 to the Second Harvest Food Bank. Our chapter officers also volunteered there one day.

- **Other Donations** — Since it had to cancel the TVA Retiree Appreciation Picnic, TVA provided \$2,000 each year to donate to the nonprofit of our choice. Our chapter selected the Urban League's Shoes for School program in 2020 and Fish Ministries Food Bank in 2021. We also gave donations to nonprofits selected by our guest speakers at each meeting. We contributed \$5,000 for relief for the Waverly flood victims and \$5,000 for the Kentucky tornado victims. These funds were provided by BVI.

- **Solway Veterans Memorial** — During 2020 and 2021, the Knoxville Chapter in conjunction with Solway Baptist Church (which donated the land) and BVI (which provided funding), contractors (who often donated materials and labor), TVA (which donated

labor), government officials (who provided support and permitting), helped build and dedicate the Solway Veterans Memorial. Reny McClain Lee and her team worked tirelessly to make this a reality.

- **Wreath-Laying at the Veterans National Cemetery in Knoxville** — In 2020 and 2021, chapter members helped lay wreaths on the graves of military veterans.

- **Park Benches** — The Knoxville Chapter partnered with Legacy Parks of Knoxville to provide benches in new or upgraded parks in Knox County. Many chapter members and TVA employees worked at the Collier Preserve to clean up that property. It is now a beautiful park that has been designated as a Tennessee State Arboretum.



Laying of Wreaths at Knoxville National Cemetery Dec 2021

**Looking Ahead to 2022 and 2023** — The Knoxville Chapter is looking forward to being able to have more in-person meetings and more activities in the coming couple of years. The 2022-2023 officers are Sammy Sweetland, President; Ron Riberich, Vice President; Donna Terzak, Secretary; Sylvia Whitehouse, Treasurer; and Reny McClain Lee, Projects Coordinator.

# In Memoriam

Nov. 1, 2021 - Jan. 28, 2022

TVA Retirement Management received notifications of the deaths of the following retirees for the period November 1, 2021, through January 28, 2022, as well as other previously unreported deaths. They are listed with the date of death (and date of retirement). To report the death of a retiree, call the TVA Retirement System toll-free at 1-800-824-3870.

**Abbott, Robert E., Jr.**,  
1/4/2022 (10/1/1985)  
**Abercrombie, Robert B.**,  
11/14/2021 (9/2/1999)  
**Armstrong, Jimmy L.**,  
11/9/2021 (8/30/1992)  
**Arnold, Arthur G., Jr.**,  
12/18/2021 (4/22/1997)  
**Aston, Charles R.**,  
11/7/2021 (9/11/1983)  
**Bacon, William R.**,  
12/27/2021 (9/17/1988)  
**Bagamary, Frank B.**,  
12/2/2021 (11/21/1991)  
**Bainbridge, Michael T.**,  
1/16/2022 (8/16/1988)  
**Baker, Aline S.**,  
12/12/2021 (8/2/1988)  
**Balch, Eleanor J.**,  
12/4/2021 (10/17/1994)  
**Balentine, Jimmy L.**,  
10/31/2021 (1/11/2014)  
**Bankston, Gary R.**,  
11/6/2021 (7/31/2004)  
**Barker, Thomas M.**,  
12/28/2021 (11/5/1991)  
**Baugh, Terry L.**,  
10/12/2021 (8/16/1988)  
**Beaver, Sam R., Jr.**,  
10/10/2021 (11/11/1983)  
**Berry, David R.**,  
1/23/2022 (1/3/2009)  
**Berry, Harold E.**,  
11/12/2021 (1/10/2015)  
**Berry, Stanley**,  
1/1/2022 (8/16/1988)  
**Bethel, Johnny R.**,  
1/11/2022 (10/17/1994)  
**Black, Mary P.**,  
11/2/2021 (8/4/2001)  
**Blanton, Brenda W.**,  
1/9/2022 (4/26/1997)  
**Blizard, John D.L.**,  
10/29/2021 (9/4/1999)  
**Bohannon, Alan B.**,  
1/7/2022 (9/4/1999)  
**Boley, Joda L.**,  
11/17/2021 (10/17/1994)  
**Boyd, Herschel L.**,  
11/27/2021 (12/31/1990)  
**Bradley, Edwin B.**,  
12/5/2021 (3/11/2000)  
**Brewer, Leon**,  
11/23/2021 (11/15/1991)  
**Brumlow, Glenn E.**,  
12/27/2021 (8/12/1989)  
**Buchannon, Ezra D.**,  
10/22/2021 (1/6/1999)  
**Burcham, Benny Lee**,  
1/2/2022 (9/3/2018)  
**Bussell, James B.**,  
1/24/2022 (5/6/2000)  
**Byers, Daniel L., Jr.**,  
9/18/2021 (5/10/1994)  
**Campbell, John M.**,  
12/29/2021 (10/1/2016)

**Cartee, Bonnie R.**,  
11/30/2021 (1/11/2003)  
**Cartee, James D.**,  
12/17/2021 (8/5/2000)  
**Carter, Mary R.**,  
12/30/2021 (10/17/1994)  
**Carter, Stephen Clay**,  
12/8/2021 (10/1/2014)  
**Chism, Shirley M.**,  
12/8/2021 (12/31/1994)  
**Chu, Sun-hwan**,  
12/17/2021 (9/30/1989)  
**Cody, Edward H., Jr.**,  
10/22/2021 (4/17/2004)  
**Coleman, A.B.**,  
12/11/2021 (9/27/1997)  
**Collins, Richard L.**,  
12/28/2021 (7/5/2005)  
**Conwell, Bettie S.**,  
11/26/2021 (11/24/1998)  
**Coppage, Kenneth D.**,  
11/30/2021 (10/1/1988)  
**Corder, Garland L.**,  
12/4/2021 (1/7/2006)  
**Cox, James L.**,  
1/10/2022 (10/17/1994)  
**Craig, James R.**,  
10/28/2021 (4/3/1992)  
**Creamer, Charles G.**,  
12/21/2021 (10/19/2006)  
**Crevasse, Alton W.**,  
10/25/2021 (10/9/1982)  
**Crine, Henry M., Jr.**,  
12/3/2021 (1/3/1987)  
**Cross, Dallas R.**,  
12/31/2021 (3/4/1989)  
**Davenport, Claude E.**,  
11/11/2021 (2/2/1999)  
**Dennis, Mark Edward**,  
12/20/2021 (2/11/2011)  
**Denton, Don R.**,  
12/24/2021 (6/15/1991)  
**Dodson, Lynn N.**,  
9/5/2021 (10/1/2014)  
**Droke, James W.**,  
11/8/2021 (10/17/1994)  
**Duckett, Frederick E.**,  
11/24/2021 (12/14/1992)  
**Durham, Leonard E., Jr.**,  
1/10/2022 (4/2/1999)  
**Elkins, Joseph C.**,  
11/1/2021 (10/1/1988)  
**Everett, Charles M.**,  
10/30/2021 (9/30/1989)  
**Farley, Chester A.**,  
12/14/2021 (3/27/2002)  
**Fields, Minnie M.**,  
11/5/2021 (10/1/1985)  
**Fitzhugh, Dixie A.**,  
12/14/2021 (7/1/1993)  
**Floyd, Charles E.**,  
1/12/2022 (1/1/1995)  
**Foust, Randy C.**,  
10/11/2021 (11/12/1988)  
**Gant, Lester, Jr.**,  
12/26/2021 (7/16/2011)

**Goodman, John E.**,  
1/26/2022 (10/17/1994)  
**Grant, Randall L.**,  
1/2/2022 (6/25/1993)  
**Grant, Thomas H.**,  
10/31/2021 (1/10/1987)  
**Greene, Theron E.**,  
1/20/2022 (6/7/2008)  
**Griffin, Elaine T.**,  
1/17/2022 (5/29/2004)  
**Guinn, James G.**,  
12/15/2021 (12/23/2006)  
**Hadaway, Kenneth R.**,  
12/30/2021 (5/1/1993)  
**Hagaman, Clara L.**,  
11/13/2021 (9/17/1983)  
**Hales, Terry Wayne**,  
9/1/2021 (8/4/2012)  
**Hammons, David M.**,  
12/13/2021 (8/20/1988)  
**Hargrove, James W.**,  
11/5/2021 (3/9/2013)  
**Harmon, Richard S.**,  
11/27/2021 (4/2/1993)  
**Harrington, David A.**,  
1/10/2022 (9/2/1989)  
**Harris, Terry L.**,  
12/20/2021 (9/10/2012)  
**Harvey, James M.**,  
11/29/2021 (12/13/2005)  
**Hauck, Roland D.**,  
9/16/2021 (6/5/1993)  
**Hawkins, David W.**,  
11/10/2021 (7/19/2008)  
**Herbison, Thomas E.**,  
12/9/2021 (4/3/1998)  
**Herbst, Mark Randall**,  
12/6/2021 (9/29/2008)  
**Hester, James M.**,  
1/5/2022 (10/17/1994)  
**Hoback, Raymond L.**,  
12/3/2021 (10/2/2004)  
**Hobbs, Hal T.**,  
11/3/2021 (5/5/2001)  
**Hobbs, William R.**,  
11/5/2021 (10/1/1988)  
**Hodge, Lee R.**,  
10/30/2021 (10/5/1985)  
**Hodges, Loyd M.**,  
10/3/2021 (6/7/2008)  
**Holland, Jerry R.**,  
12/30/2021 (1/27/1997)  
**Holt, Donald A.**,  
1/4/2022 (11/17/2001)  
**Hopper, Thomas O.**,  
10/13/2021 (10/1/1988)  
**Horne, Leonard**,  
10/26/2021 (6/24/1991)  
**Horton, Gary D.**,  
11/2/2021 (7/1/1995)  
**Hovater, Willie V.**,  
11/2/2021 (10/17/1994)  
**Huffman, Patricia S.**,  
12/16/2021 (10/17/1994)  
**Hughes, Eugene F.**,  
10/20/2021 (2/1/1995)

**Jackson, Lynn K.**,  
11/4/2021 (10/17/1994)  
**James, Bobby C.**,  
1/3/2022 (9/14/1990)  
**Jarvis, G. Faye**,  
10/30/2021 (9/27/1997)  
**Johnson, Kenneth G., Jr.**,  
12/5/2021 (10/17/1994)  
**Johnson, Sheila D.**,  
11/30/2021 (11/5/2018)  
**Jones, Jimmy D.**,  
1/22/2022 (10/4/2003)  
**Jordan, Linda G.**,  
12/31/2021 (9/21/2004)  
**Kelley, Faye D.**,  
1/9/2022 (3/4/1985)  
**Kelley, William R.**,  
11/26/2021 (5/29/2004)  
**Kelly, Harlan A.**,  
12/31/2021 (10/17/1994)  
**Kennedy, Billy J.**,  
11/30/2021 (8/2/2000)  
**Kerley, William B.**,  
12/2/2021 (1/9/2005)  
**Kidd, Guy L.**,  
12/5/2021 (1/4/2001)  
**Killen, Arthur O.**,  
12/29/2021 (1/4/1999)  
**Kimbro, Mildred Kathryn**,  
11/28/2021 (6/7/1986)  
**Kimbrough, Wayne W.**,  
11/27/2021 (10/1/1996)  
**Kirkpatrick, E. Jane**,  
11/17/2021 (10/20/1990)  
**Langley, David T.**,  
11/8/2021 (9/11/2015)  
**Lansdell, Billy G.**,  
1/21/2022 (10/17/1994)  
**Lawson, James M.**,  
11/12/2021 (4/24/2013)  
**Lea, James R.**,  
1/16/2022 (10/23/2000)  
**Lee, Brenda G.**,  
11/29/2021 (1/1/1995)  
**Lee, Richard B.**,  
11/17/2021 (6/28/1992)  
**Loftis, Henry W.**,  
11/26/2021 (2/10/1996)  
**Long, Brenda G.**,  
10/31/2021 (9/9/1989)  
**Lowery, Gary G.**,  
1/5/2022 (8/9/2014)  
**Marsalis, William C.**,  
11/19/2021 (10/17/1994)  
**Mauzy, Billy B.**,  
12/31/2021 (11/1/1996)  
**McCay, Laverne L.**,  
10/1/2021 (7/16/1988)  
**McCormick, Charlotte A.**,  
12/31/2021 (9/29/1988)  
**McCrary, Marcus W.**,  
1/1/2022 (3/13/2009)  
**McCurdy, Thomas L.**,  
12/15/2021 (7/3/2001)  
**McDonald, Robert E.**,  
11/16/2021 (1/7/1984)

**McNabb, Patricia A.**,  
12/22/2021 (5/17/2014)  
**Meroney, Edward Lynn**,  
10/24/2021 (4/12/2008)  
**Milam, Vernon Lee**,  
11/19/2021 (12/31/1996)  
**Millay, Michael G.**,  
11/27/2021 (7/30/2013)  
**Montooth, Virgle D., Jr.**,  
11/7/2021 (10/17/1994)  
**Morgan, J. Carl**,  
10/30/2021 (1/7/1984)  
**Morris, Nancy K.**,  
12/19/2021 (9/8/1988)  
**Morrison, James B.**,  
1/27/2022 (1/1/2010)  
**Nash, Helen J.**,  
11/28/2021 (1/4/1986)  
**Nelson, Gary R.**,  
11/1/2021 (9/26/2014)  
**Newman, Joyce K.**,  
1/6/2022 (10/2/1999)  
**Nolly, Thomas R.**,  
11/30/2021 (9/3/1988)  
**Parham, Thomas B.**,  
11/21/2021 (7/7/1998)  
**Parker, Eulis O.**,  
11/27/2021 (4/9/1994)  
**Parker, John W.**,  
12/18/2021 (8/2/1988)  
**Pickett, Vada L.**,  
12/3/2020 (9/17/1985)  
**Pittman, Donald H.**,  
11/22/2021 (10/17/1994)  
**Poole, Thomas M.**,  
10/29/2021 (4/3/2004)  
**Ray, Frank L.**,  
11/22/2021 (11/18/2002)  
**Reed, James D.**,  
1/16/2022 (5/2/2001)  
**Reeves, Ronald R.**,  
11/6/2021 (7/6/2002)  
**Rice, Alma R.**,  
12/21/2021 (11/2/1985)  
**Roach, Dennis W.**,  
12/2/2021 (4/1/1995)  
**Rorex, James M., Jr.**,  
12/13/2021 (4/3/2004)  
**Rosenberger, William G.**,  
1/6/2022 (5/29/2004)  
**Sanders, Daniel P.**,  
11/20/2021 (9/22/2001)  
**Sanderson, Walter G.**,  
11/19/2021 (3/14/1987)  
**Schwan, Henry L., III**,  
11/27/2021 (1/3/2009)  
**Scott, Darlene J.**,  
12/24/2021 (7/15/1989)  
**Scott, John H., Jr.**,  
11/9/2021 (7/30/1988)  
**Shannon, Henry C.**,  
11/11/2021 (4/9/1988)  
**Shih, Peter C.**,  
11/11/2021 (10/1/1988)  
**Sims, Johnny D.**,  
11/15/2021 (4/14/2020)

**Slater, Dan W.**,  
9/18/2021 (8/20/1988)  
**Smith, Andy W.**,  
10/28/2021 (9/30/2012)  
**Smith, Glenda S.**,  
12/29/2021 (1/11/2003)  
**Smith, Jerry S.**,  
1/8/2022 (2/12/2000)  
**Stegall, Joe L., Sr.**,  
10/29/2021 (8/2/1988)  
**Stephenson, Hodge L., Jr.**,  
1/5/2022 (8/29/1998)  
**Stepp, William J.**,  
1/12/2022 (10/17/1994)  
**Stover, Clarence V.**,  
12/7/2021 (3/31/1992)  
**Summers, George L.**,  
12/16/2021 (5/12/1990)  
**Sutherland, William N.**,  
12/2/2021 (4/23/1988)  
**Sweeney, Charles W.**,  
10/27/2021 (10/3/2015)  
**Trodglen, James R.**,  
12/19/2021 (1/2/1999)  
**Troxell, James H.**,  
1/20/2022 (1/7/2006)  
**Turner, Charles Lawrence, Jr.**,  
12/19/2021 (9/10/2011)  
**Underwood, Lois S.**,  
11/17/2021 (10/15/1994)  
**Walker, Gene A.**,  
12/24/2021 (10/17/1994)  
**Walker, James L.**,  
12/25/2021 (12/4/2002)  
**Webber, Benny V.**,  
1/2/2022 (12/31/1994)  
**Westmoreland, James C.**,  
11/25/2021 (12/5/1981)  
**Wilborn, James A.**,  
11/26/2021 (6/11/2016)  
**Williams, Clark H., Jr.**,  
11/3/2021 (1/10/1984)  
**Williams, Ralph E.**,  
1/8/2022 (10/1/1988)  
**Williard, Joseph W.**,  
9/22/2021 (2/27/1988)  
**Wilson, Paul W.**,  
11/10/2021 (12/8/2007)  
**Wiseheart, Oran L.**,  
10/21/2021 (1/30/1988)  
**Wolfe, Donna M.**,  
10/18/2021 (1/7/1989)  
**Woodruff, William C.**,  
9/7/2021 (7/27/1991)  
**Wright, John T.**,  
12/8/2021 (9/15/1984)  
**Wynn, Rex O.**,  
11/7/2021 (11/9/2010)  
**Zarnke, Corey A.**,  
1/15/2022 (2/1/2018)



# Upcoming March 2022 Chapter Meetings

## BROWNS FERRY

**March 15, 2022, Noon**

*Catfish Cabin, Athens Ala.*

- Program: Discuss Feb. 15 TVARA Board meeting highlights

David Matherly, President

256-777-2175/[dcmatherly@gmail.com](mailto:dcmatherly@gmail.com)

## CHATTANOOGA

**March 1, 2022, 10 a.m.**

*Brainerd United Methodist Church, Fellowship Hall, 4515 Brainerd Road*

- 10 a.m. Coffee & doughnuts
- 10:30 a.m. Program: TVARS update by Mark Meigs, Executive Secretary, TVARS Board

Tom Swanson, President

423-344-6892/[twswanson@comcast.net](mailto:twswanson@comcast.net)

## HUNTSVILLE

**March 31, 2022, 10 a.m.**

*First Baptist Church, 500 Governors Drive, Entrance 3, Door Code 53158, Room 250*

- Program: Elder Law presentation by Connie L. Glass

Daniel A. Simmons, President

256-509-9781/[dasimmon@bellsouth.net](mailto:dasimmon@bellsouth.net)

## JACKSON

**March 9, 2022, 9:30 a.m.**

*Southwest Electric Membership Corp., 1590 Highway 70E*

- Program: TBD

Alan Campbell, President

731-988-8814/[abclax@eplus.net](mailto:abclax@eplus.net)

## KINGSTON

**March 28, 2022, 10 a.m.**

*Kingston Community Center, 201 Patton Ferry Road*

- Program: TBD

Marcus C. Melton Jr., President

865-388-3919/[mcmelton45@gmail.com](mailto:mcmelton45@gmail.com)

## JOHNSONVILLE/CUMBERLAND

**March 10, 2022, 10 a.m.**

*Country & Western Steakhouse, Camden, Tenn. (tentative to reopening)*

- 10 a.m. Socializing
  - 11 a.m. Program: TBD
- Remember to bring nonperishable food products for the local food banks*

Mickey Blackburn, President

931-209-1352/[mwblackb36@gmail.com](mailto:mwblackb36@gmail.com)

## MEMPHIS

**March 16, 2022, 11:30 a.m.**

*Dale's Restaurant, 126 Main St., Southaven, Miss.*

- Program: TBD

David L. Teuton, President

901-212-3822/[davidteuton@yahoo.com](mailto:davidteuton@yahoo.com)

## MISSISSIPPI

**March 8, 2022, 10:30 a.m.**

*St. Luke United Methodist Church, 1400 Clayton Ave., Tupelo, Miss.*

- Program: TBD

Sherry Garrett, President

662-963-3519/[garrett7481@bellsouth.net](mailto:garrett7481@bellsouth.net)

## MUSCLE SHOALS

**March 9, 2022, 10 a.m.**

*TVA Community Credit Union, Wilson Dam Road*

- Program: John Blackwell will discuss Myths & Legends of Wilson Dam.

• Lunch will be provided

Timothy "Tim" Cornelius, President

256-757-5220/[timwcornelius1@gmail.com](mailto:timwcornelius1@gmail.com)

## NASHVILLE

**March 10, 2022, 10 a.m.**

*Victory Baptist Church, 1777 Tate Lane, Mt. Juliet, Tenn.*

- Program: Brandon Wagoner of Middle Tennessee Electric to speak on Electric Vehicles

Jeff E. Gammons, President

931-729-9974/[y2kunderthehill@gmail.com](mailto:y2kunderthehill@gmail.com)

## NORTHEAST ALABAMA

**March 8, 2022, 11 a.m.**

*Mud Creek Restaurant, Hollywood, Ala.*

- Program: Discuss current issues

Larry A. Hancock, President

256-437-8220/[lah35772@gmail.com](mailto:lah35772@gmail.com)

**At presstime, the following chapters had CANCELED their March 2022 meetings due to the COVID-19 virus:**

## CLEVELAND

John Austin, President

423-472-2720/[austintnutfan@charter.net](mailto:austintnutfan@charter.net)

## GALLATIN

Ronnie "Blue" Monday, President

615-325-9473/[oemorgan@comcast.net](mailto:oemorgan@comcast.net)

## KNOXVILLE

Sammy Sweetland, President

256-366-0952/[sdsweet62@hotmail.com](mailto:sdsweet62@hotmail.com)

## PADUCAH AREA

Ken Dickerson, President

270-442-9539/[kenneth.dickerson@comcast.net](mailto:kenneth.dickerson@comcast.net)

## PARADISE

Patricia E. "Pat" Cobb, President

270-338-6667/[pecobb1942@att.net](mailto:pecobb1942@att.net)

## UPPER EAST TENNESSEE

Leslie P. "Les" Bays, President

423-782-8458/[lpbays1@yahoo.com](mailto:lpbays1@yahoo.com)

## WATTS BAR

Kathleen Garrison, President

423-365-9048/[eddiekathleen@bellsouth.net](mailto:eddiekathleen@bellsouth.net)

## WESTERN AREA

(Regular meeting place, Lake Barkley State Resort Park, is unavailable, because Kentucky state parks are providing housing and food services for Kentuckians displaced by recent violent weather. Hope to see everyone again on June 15.)

K. Renee Turnbow, President

270-205-5277/[krturnbow@gmail.com](mailto:krturnbow@gmail.com)

Please visit the TVARA website at [mytvvara.org](http://mytvvara.org) and hover your mouse over the tab "Local Chapters" to find your chapter. Click on your chapter to view meeting details and announcements.

## TVARA Website, Email Addresses

Have you visited the TVARA website lately? The web address is [mytvara.org](http://mytvara.org). You will find information about chapter meetings, volunteer opportunities, membership, and healthcare information, as well as other news of value.

TVARA will be sending emails to all members from time to time, concerning invitations to chapter meetings, volunteer opportunities, the TVA-sponsored Valleywide Retiree Appreciation Picnic/Luncheon, Membership Dues Notices, and other important information.

Please update your address book with the following email addresses for the TVARA Staff:

Reba Whitson — [rjwhitson@mytvara.org](mailto:rjwhitson@mytvara.org)  
Jean Bryson — [sjbryson@mytvara.org](mailto:sjbryson@mytvara.org)  
Richard Wilson — [rtwilson@mytvara.org](mailto:rtwilson@mytvara.org)

## Slippin' and a-Slidin' — Hiking 'Muddie Olde England' ... from Coast to Coast!...continued from page 10

upgraded to a room with an extra twin-sized bed that promptly became a luggage rack.

The historic center of York is relatively compact, so we abandoned the idea of using the hop-on, hop-off buses and walked. The city must be a nightmare for traffic planners. Narrow, crooked streets and complex intersections abound, and even the main streets are the same, except only slightly wider. Pedestrians, beware. Better to obey the signals than get run over by all the vehicles coming from all angles and too fast.

Our final day in Whitby was chilly and breezy, but no rain. Alas, in York, it rained all day. So it was a good day to visit the museums and art galleries. They were all first-class and very interesting. The York National Railway Museum is, I am told, the largest in the world. It was super. It even has galleries above the workshops where you can watch restorations in progress.

Believe it or not, we both were rather tired of large dinners,



The end of the trail at Robin Hood's Bay

so our first evening in York we each had a glass of wine, a bowl of leek-mushroom-rosemary soup, and a piece of granary bread with with butter, in a cozy little restaurant. For lunch, we each had a bowl of cream-of-potato-and-horseradish soup and shared a brie-and-apple/onion chutney sandwich. Water to drink. Since leaving our group, we'd had nary a pint.

In our wanderings, we came across a very, very nice antique shop in which we found quite a few hatpins. Bought

four. Went back the next day and bought three more for Sherry's extensive collection of Victorian hatpins and holders. What a shopping spree!

And what a fine way to end our trip, as we boarded the train to Manchester and our flight home.

*After 22 years of service, Charles Van Beke retired from TVA in 1988 as Assistant General Counsel-Complex Litigation. Sherry Van Beke retired from TVA in 2002 after 30 years of service in the Office of the General Counsel.*