





Muscle Shoals TVARA is on Facebook now!

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MERRY CHRISTMAS Y'ALL!

Message from our President

As another year is coming to a close, let's all take a few minutes to reflect back on 2022 and the accomplishments of our Chapter.

After a couple of hurdles during the 'pandemic years', we were able to get the Garden Program back in full swing, assisted several non-profits in the Shoals area, worked with individuals to make the St. Jude ride a huge success and are working with the Power Services Shop to provide a holiday meal to families in the area. Also, we'll be assisting the Service Shop in their Angel Tree project again for Christmas.

Our annual health fair and picnic in June brought in \$8,900 for the UNA scholarship endowment. Through our endowment, our chapter was able to award two recipients this year with more than \$3,600 (total) toward furthering their education and a third with \$200 for her essay (published in our last edition of *Connect*).

The final chapter meeting for 2022, will be on Wednesday, December 14, at 10:00 a.m. at the TVACCU located on Wilson Dam Road. For those of you who are able, please use the parking lot at Tri-Cities Church of Christ to leave parking spaces available for the credit union members.

Alyssa Ashley will once again be our musical entertainment. Our guests will be Mark Meigs, Director, Retirement Management, providing us with updates on the TVA Retirement System and Joseph Galardi, Director, Benefits and Wellbeing, providing us with updates on our benefits

I am honored to have served as your chapter president for another year and thank you for the encouragement and support. Looking forward to seeing you on December 14.

Wishing you and your family a great Thanksgiving, a blessed Christmas, and a prosperous New Year. Stay safe and looking forward to a wonderful 2023.



Tim.

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Upcoming Events

Wednesday, December 14, 2022, 10:00 a.m. Benefits Update and Christmas Medley by Alyssa Free Lunch and Door Prizes Wilson Dam Road TVA Community Credit Union

Wednesday, March 8, 2023, 10:00 a.m. Program to be announced Free Lunch and Door Prizes Wilson Dam Road TVA Community Credit Union

Thursday, June 16, 9:30 a.m. Annual Picnic and Health Fair Program: Health, Fitness, & More Great Door Prizes (thousands of dollars) Florence/Lauderdale Coliseum

Wednesday, September 14, 2023, 10:00 a.m. Program to be announced Free Lunch and Door Prizes Wilson Dam Road TVA Community Credit Union

Our Advertisers

Our advertisers are contributing to our Muscle Shoals Chapter TVARA Endowment by advertising in our newsletter and at the Annual Picnic. When considering any of the services offered, please think first of our advertisers!

TVA Community Credit Union	Wells Fargo
Alabama Health Guidance	Singing River Dentistry
Edward Jones	Shoals Hospital
Blue Cross/Blue Shield AL	Delta Dental TN
Elder Care Services	Affinity Hospice
Brentwood Retirement Community	Columbia Cottages Assisted Living
First Community Med Supplement	Med Associates of the Shoals
Morrison Funeral Home	Helen Keller Hospital

Special Thanks to non-advertising Supporters

TVA Power Service Shops

Meet your Muscle Shoals TVARA Board Members

-		
President, Tim Cornelius	Vice President, Debbie Norton	
Treasurer, Joan Marsh	Secretary, Carol Sherer	
TVARA Picnic Manager, Henry Long	Hospitality, MJ Ligon	
Scholarship Program, John Ingwersen		
Newsletter: John Ingwersen, Janice Berry		
Board Members: John Blackwell, Cameron Kay, Jim Green, Bill Baggett		
Problems with benefits, pharmacy? Contact TVA Service Center 888-275-8094.		

Comments/Recommendations/Articles for Newsletter? Send to jlingwersen@gmail.com.

Volunteer work at the Cerebral Palsy Center, Tuscumbia, Alabama By John Blackwell

In all the communities across the valley there are many worthwhile agencies that make the valley a better place. In the Shoals area one of these agencies is the Cerebral Palsy Center located in Tuscumbia, Alabama. The goal of the center is to help families with children who have cerebral palsy. The center specializes in patients with severe and complex cases.

The Muscle Shoals Chapter and TVA employees recently stepped forward to help the center plant some new shrubs. Apprentices of the Iron Worker local removed the old shrubs. A local landscaping firm provided new shrubs. The Muscle Shoals TVARA contacted the Power Service Shop and they were





eager to participate. Volunteers from Muscle Shoals chapter with the financial support of BVI gathered up the supplies, hand tools, landscape felt and river rock. A day was schedule to plant the new shrubs, install landscaping felt, spreading river rock, installing soaker and garden hoses.

Three TVA retirees and about 10 TVA employee volunteered for the project. The TVA team was led by Brandi Shewbart. The job involved some preparation work by the TVA retirees. TVA employees dug the holes for nearly 30 shrubs. The work was very hard and by the end of the day there were not many dry shirts. After the work

was completed the Director of the Center, Allison Isbell, was very pleased with the work and expressed appreciation. The volunteer workers were also pleased on completing a task that need to be accomplished for a worthwhile agency. A special thanks to TVA retirees John Blackwell, Bobby Atwell, and Walter Parsley and TVA employee Brandi Shewbart and others of the Power Service Shop crew.





OPEN ENROLLMENT FOR MEDICARE



DO YOU HAVE QUESTIONS?

DO YOU HAVE A QUESTION OR WOULD YOU LIKE TO TALK WITH SOMEONE?

JOHN BLACKWELL, WHO HAS CONDUCTED SEVERAL WORKSHOPS ON MEDICARE SUPPLEMENT INSURANCE, WILL BE GLAD TO HELP YOU.

JUST GIVE HIM A CALL AT 256-710-9022

JOHN IS A TVA RETIREE AND IS NOT AFFILIATED WITH ANY INSURANCE COMPANY AND DOES NOT RECEIVE COMPENSATIOIN.



One of our scholarship recipients for 2022 – 2023 academic year (Abigail Smith) with parents and grandfather – left to right Leon Smith (grandfather), Ashley Smith, Abby, Micah Smith

Endowed Scholarship - Your Support Needed!

We have several businesses and charities who have been supporting our endowed scholarship by providing financial support through the purchase of ads for our newsletter and booths at our Annual Health Fair/Picnic. We thank them for their generous support, and hope that each of our members will look at their advertisements in this, and future newsletters, and support them as they support us.

As of September, 2022, our scholarship endowment totaled \$74,254. We backed off somewhat with down market but provided over \$3,600 to our scholarship recipients. We need your support to push on toward a \$100,000 endowment.

The endowment for 2022-2023 is supporting two scholarships. These awards exceed \$1,600 each. The scholarship award gives preference to relatives of active (paid) Muscle Shoals TVARA members. In addition; your TVARA Board has approved an award of \$200 for the winning essay.

Please make our endowed scholarship a priority for your charitable giving. Donations are tax-deductible. If you would like to donate, go to: <u>https://www.una.edu/give/tva-scholarship.html</u>. You may also donate by check. Make your check payable to Muscle Shoals Chapter, TVARA/UNA Endowed Scholarship and mail it to:

UNA Foundation Office (Attn: Endowed Scholarships) Box 5113 Florence, AL 35632-0001

Time to Apply for our Endowed Scholarship is NOW!

Through the efforts of the University of North Alabama Foundation, and the generosity of private donors, the Office of Student Financial Aid awards numerous scholarships each academic year. Scholarship award amounts vary, and may not



@DeltaDentalTN

represent total tuition costs. The following is provided to make prospective recipients aware of how to apply for our and other scholarships:

- The application process began on November 1, 2022.
- The **Deadline for submission is February 1, 2023.**

The scholarships listed below are UNA scholarships offered by various Colleges, Departments, and Offices throughout the University. Click on the scholarship name to learn more about the opportunity. Get started on your scholarship search now. It's as easy as 1-2-3-4!

- 1. Go to <u>https://una.academicworks.com/</u>, and sign on the system with your UNA ID and password.
- 2. Complete the General Application and any other supplemental applications presented. The system syncs with your data. You are automatically matched with **ALL** scholarship opportunities for which you meet the criteria; and the system provides additional "recommended" scholarships that may be available to you. **Matching does not guarantee you will receive a scholarship;** and you will not receive a list of scholarships to which you are automatically matched.
- 3. If you have a relative who is retired from TVA, and is a paid-up member of the Muscle Shoals Chapter TVARA, you should complete the apply-to application for the "**TVA Retiree Endowed Scholarship**." After completing and submitting the general application, click the "Opportunities" tab. Then, select "Ours." In the "search by keyword" section, search "*retiree*." Click the yellow tab "apply." You will then be led to the additional application for the scholarship. Please complete all questions and requirements and then submit to be considered for the scholarship.
- 4. After you complete the applications, you're finished! If you are awarded a scholarship, you will receive an award email to your UNA email address within 6-8 weeks of the application deadline. You can also check the status of your application by logging back into the system at any time.

If you have a relative or if you know someone who is looking for a scholarship; print this information out and give it to them. We have had students asking about our scholarship when it was already too late to apply. NOW is the time!



Power Service Shop Food Collection



The Power Service Shop contacted Louise Haney, Director of the Help Center in Florence, AL. about food items needed. Ms. Haney stated that the food pantry was critically low in inventory because the food distribution center in Huntsville, AL., that supplies items to food pantries, was out of food. Before the pandemic, 1 in 7 Americans relied on food banks, according to Feeding America, a national network of the food banks. Now, demand has doubled or tripled. Employees at the Power Service Shop began a collection of food items, and planned to purchase additional items for the pantry. The TVARA was contacted for support. To include shopping for items and delivering items to the Help With the support of BVI funding was Center. provided to purchase items for needy families. On November 14, 2022, Power Service employees and TVA retirees worked together to purchase items, load them on a truck provided by the Power Service Shop, and deliver them to the Help Center.

Ms. Haney, with tears in her eyes was very appreciative of the donations and the hard work of the TVA family. Another step that the TVA family is taking to make the Shoals Area a better place.





VALLEY-WIDE PICNIC IN CHATTANOOGA



Our Chapter had mare than 70 in attendance at the Valley-wide picnic in Chattanooga. Photo to left is Joan Marsh. She says of the photo, "I worked at the name tag table at the volunteer get together the night before. This is me with Gordon Park. We worked together in the 1970s and he transferred to Chattanooga in that era. I had not seen him since then."

Do you have a good story to tell from the picnic? Send to John Ingwersen at <u>jlingwesen@gmail.com</u> and we will print in our Winter edition of *Connect*.

BEST SUPPORT CONTINUES

Muscle Shoals Chapter TVARA continued support for the Northwest Alabama Boosting Engineering, Science and Technology (BEST) program serving schools throughout northwest Alabama area as a major contributor (\$15,000 contribution through BVI) and through volunteer support by our members. See the results from last month's competition below.



Valley-Wide Board Meeting Thursday, November 17, 2022

• TVA Update - Jim Hopson, Public Information Officer, TVA Public Relations.

An excellent and detailed report was provided on the sate of TVA Power and future plans. Debt has been reduced from a high of \$28 Billion several years ago to \$20.3 Billion today. Current power supply is well distributed among Nuclear, gas, coal and renewable with renewable growing rapidly. A goal of reducing carbon emissions by 70% by 2030 and 80% by 2035 is currently on track with an aspiration for net zero carbon emissions by 2050. These are to be accomplished while maintaining the lowest power rates for the consumer. TVA is estimating that to meet these long-term goals power demand in the TVA area will increase by 50% - 100% by 2050. In order to address these needs, a recent request for bids for 5,000 MW has received proposals for 14,000 MW which are being evaluated.

• TVA Retirement System Update – Mark Meigs, Executive Secretary, TVARS.



Your 401(k) may need a scenery change, too.

Changing jobs or uttring? We can help you explore all of your options for putting your referement planning portime into fucus.

Call when you're ready to talk.

Paul D. Morris, MBA

First Vice President - Investment Office 201 N Court St. Florence, AL 35630 Direct: (256) 718-1151 https://fa.welistargoad/dsms.com/ga.il-monts/

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During the past year the retirement fund balance decreased by 9.6% in the fifth worst year since the retirement fund began operations with 1937 being the worst year. However, the fund remains near 80% funded. The current target distribution of fund assets is 25% equities, 25% inflation sensitive assets such as pipelines and 50% in fixed assets. For 2022, \$736 Million was distributed to retirees.

• TVA Benefits Update – Nikolaus Jordan, TVA Benefits and Wellbeing.

Open enrollment is underway with more than 638 calls already received. The system has been greatly improved from last year as a result of complaints about waiting times and lack of call backs. The People First Solution Center phone number 1-888-275-8094 and Mon-Tues. is busier than Thurs.-Fri. Via Benefits telephone number is 844-620-5725

• Marilyn Brown – 7th Director or TVARS

A special COLA was considered by the board but rejected due to potential degradation to overall funding. There will be a 6% COLA for 2023.

A SUMMARY OF ACTIVITIES - MUSCLE SHOALS TVA RETIREES SINCE 9/2/2021

With assistance from BVI we were able to participate in not only helping with the following projects but providing help to others.

Angel Tree - Christmas gifts for children	\$ 5,000.00
Best Robotics Program	\$10,000.00
Civitan Golf Tournament	\$ 4,000.00
Food Drive	\$ 5,000.00
Garden Seed Program with Community Action	\$15,000.00
Paducah KY tornado relief donated by local retirees	\$ 1,000.00
Sleep in Heavenly Peace	\$ 1,000.00
St. Judes Project	\$15,000.00
Waverly Flood Donation	\$ 5,200.00

\$61,200.00

We also had a picnic with 334 people registering.
Sponsors that had tables at the picnic provided \$8,900.00 for our Endowed Scholarship at the University of North Alabama.
We provided \$2,000.00 more from our chapter for the scholarship and were delighted to award two scholarships.
BVI also paid \$3,200. for two busloads of retirees to attend the Valleywide Picnic in Chattanooga.

All this went to support our own community! Have some ideas of how we might help even more? Let us know.

Interesting Note from our Past



New York, Nov. 1-Political broad-cast chedule as announced for the many risk tonight (all time p. m.)

AF-WJZ-NBC & MBS-8:45, Cordell Hull from Washington

BS-Chain-D, Horbert Hoover Salt Late City (Rep.) ABC - CBS - Enst-9:30, Alex-Woollcolt from New York ... Nazis Using Storks To Carry Messa To South

Z.NPC-10, Irvin S San Francisco (Rep.)

York, Nov. 1-The Associat-lika Citika of America saild andell I. Willike would make nwide broadcast (NBC-Ref) from 8:00 to 9 p m. (EST) his emmedian trails "same

York, Nov. 1—Democratic publican leaders both de-today a circular attacking rgia Warm Springs Founda-a "private business operated field. Turner. field. Sta 2087-David Crockette King. 1879-William Ge. 998-Jess :

private business operated ular, which Democratic hairman Edward J. Flynn o filthiest thing that has done in American poli-the letterhead: "Indepen-g Americans, Inc., W. E. jirman." 862-George 1089-Gentry 1080-Centry Commonster sum en 236-Henry McCalan Miller, 217-Janes Arlay Farner, 2017-Janes Arlay Farner, 2017-Janes Nukarl Broyles, 206-Janes Ruk, Kyle, 2064-Roker, Kyle, 2064-Roker, Kyle,

Americans, Inc., W. E. rman." "pb W. Mattin Jr., Re-ational chairman, con-circular and said that connection whatsoever Republican organization.

THE WEATHER and slightly colder to-Saturday fair with mod-

1995—Thomas Heward Long, 1921—Robert Lee Merjiman, 1977—Bully Adia: Casted, 1975—Bully Adia: Casted, 1976—Flord Gaiven Turner. 1970—Thomas Jackson Chalorn, 1854—Hurst Mattney Ottinger. 1990—William Reuben Helton, 1990—William Reuben Helton, 1997—HUL & NcNelli, 1977—HUL & NcNelli, 1976—Lee Benjamin McClanna han.

1960-Glenn Byrless Turner. 1902-Clarence Arthur Stubila-

Wiley Wright Kirk.

as Harris

han. 2206-William Sebe Wilson. 2208-William Sebe Wilson. 2208-Cifford Landon Cannon 1043-James Frank Howell. 1474-Milton Christ Pappas. 1457-Theodore Olicr. 245-Martin Luther Blachwo. 1966-Jarus Namisor M.

announced, at the same time of the same threat of the same threat of the same threat of the same tions "now have taken a friendly turn." Ton the Balkan war front, Stefanl, official failan news agency re-torted a 35-mile faseis advance into the loannia sector of north we at Greece, along with the capture of 79 Greeian villages.

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Turkey will not enter the Balkan war now, President Iamet Inonu

Romd Nace, i-Brit-lah symplanes, i-Brit-lah symplanes, i-Brit-for the first time as Souther Italy, roured over Naples Ioday and unloaded seplosive and incendiby bomba some of which, the Italian high coumand acknowl-edged, fell, in two of the city's steat industrial su-burbs.

villages. Berlin, Nov. 1.—Far-flung successes against Britain's merchant ma-rine, air force and war industries is reported by the German high com-mand.

Berlin, Nov. 1. Many rrounded war plan es were destroyed in Nazi air attacks on a British alrdrome, DNB, official German news agency, reported.

To Make War Nitrates At Muscle Shoals (By Associated Press) Knoxville, Nov. 1.—The War Department today notified TVA to "prepare immediately" for production of explosives at the old wartime nitrate plant No. 2 near Wilson Dam at Muscle Shoals.

I found this November 1, 1940, newspaper while going through my husband's "treasures." His dad's name is listed for the draft. Also in the left-hand column is an article "To Make War Nitrates at Muscle Shoals." A copy of the article is shown on the left. Note the newspaper costs 10 cents a week. This was the newspaper in my hometown in Tennessee.

Tennessee Valley Authority Retiree Association 3416 Lenz Street Muscle Shoals, AL 35661-3628 WISHING YOU A WONDERFUL HOLIDAY FILLED WITH ALL THE HAPPINESS AND BLESSINGS OF THE SEASON. Happy Thanksgiving! UNIVERSITY ADVANCEMENT University of North Alabama UNA Box 5113 Florence, Alabama 35632-0001

FROM UNA IN APPRECIATION FOR ENDOWMENT

Help! We Need Your Help!

Do you enjoy writing or photography? We're working to make this newsletter the best; and your talents are needed. If you would like to occasionally write an article on your experiences, or on a TVA person who



deserves recognition, please let me know; and I will schedule your article for a future newsletter. Do you enjoy photography? We could use a designated photographer to get pictures at our various events. We have been somewhat haphazard at this, and would like to get better. Call John Ingwersen at 256-757-5325; or email him at jlingwersen@gmail.com.

Suggestions?

We want your feedback, comments, and suggestions. Let us know what you would like for TVARA programs, for our newsletter, and/or ways we can improve, in any way, our service to you.