



Safe Holidays in the Age of COVID-19

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Ensure the conditions in which every Knox County resident can be healthy.

The virus that needs no introduction...

- Novel coronavirus causes COVID-19
- Currently no FDA-approved vaccine
- Transmission:
 - via respiratory droplets
 - between people in close contact (less than 6 feet apart for at least 15 min)

A Different Year

- Holiday celebrations will need to be different this year
- Avoid high-risk activities
- Consider fun alternatives

Considerations for Hosting or Attending

- Limit number of attendees to allow six feet of distance between households
- Host outdoors or increase indoor ventilation
- Require guests to wear masks
- Encourage guests to avoid singing or shouting
- Encourage guests to wash hands often
- Stock bathrooms with single-use/paper towels
- Limit contact with communal items like serving utensils
- Ask guests to limit non-household contact for 14 days prior to event

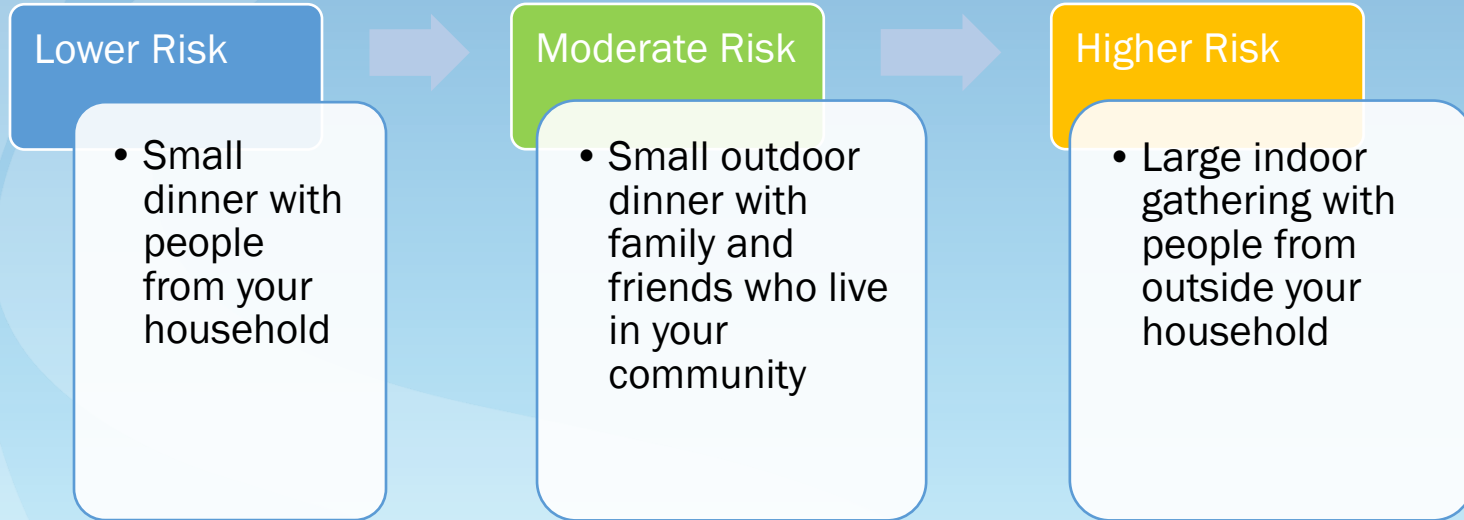
Food and Drinks

- Avoid potluck-style gatherings
- Wear a mask when serving food to guests
- Have one person serve all the food
- Avoid crowded buffet stations; keep six feet of distance between households
- Make sure everyone washes hands before and after meal
- Offer no-touch trash cans
- Change and launder linen items immediately following event

Who should NOT attend in-person gatherings?

- People who have COVID-19 (should be in isolation)
- People who have been exposed to COVID-19 (should be in quarantine)
- People at increased risk for severe illness
 - Older adults
 - Have certain medical conditions
 - People who live or work with someone at increased risk for severe illness

Relative Risk



Resources

Centers for Disease Control and Prevention (CDC) guidance:

<https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/holidays.html>

<https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/personal-social-activities.html#gatherings>



This has been a presentation of



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