



TVARA/CAC

Green Thumb and Raised Beds Community Garden Project

TVARA will provide retiree volunteers to assist packaging garden seeds and distributing plants, and seeds. CAC will provide project leadership, identify residents, and provide greenhouse spaces. In addition TVARA will provide volunteers to build raised beds for gardens at 3 community sites in Knoxville and Knox County Tn. with the CAC Community Gardens Program.

March – April 2018

Since 1973, the Community Action Committee (CAC) Greenthumb Program has encouraged home and communal gardens in public housing developments. They did this by providing free vegetable seeds and plants to eligible gardeners in Knoxville and Knox County.

In 2017 the TVARA Knoxville Chapter joined with CAC to provide volunteer support in 2018 for the Green Thumb Program and to enhance the Raised Bed Community Gardens Project.

Help Plant the Seeds!

Garden Seed Project

TVARA contributed the cost of the basil seeds that will be grown in the greenhouse along with tomato and pepper plants. Recipients will be given seeds for peas, carrots, beans, beets, radish, okra, squash, cucumber, greens, and zucchini.

Where: Beardsley Community Farm
1741 Reynolds Street

When: March 12, 13, 14
Volunteers to plant basil and tomato seeds
9:00 – 12:00 and 1:00 – 4:00

Volunteers are needed to distribute plants and seeds to the households as they drive through in their cars. 2 hour shifts

April 19 East Neighborhood Center
April 20 South Neighborhood Center
April 21 Beardsley Center



Planting seeds of hope!

Call your former colleagues and challenge them to help you plant the seeds. You will have fun and maybe make some new friends.

Several Retirees Built Raised Beds for the Community Garden Project

TVARA contributed materials costs and labor volunteers to build 8 Raised Beds at 3 locations in Knoxville and Knox County. . It was a beautiful day and we had lots of fun enjoying the outdoors in February!



Sign up by contacting **Suzan Bowman**, 865-705-9451 or suzanbowman@gmail.com.